Rehabilitation Counseling

DESCRIPTION OF THE FIELD
Rehabilitation Counseling is a systematic process which assists persons with physical, mental, developmental, cognitive, and emotional disabilities to achieve their personal, career, and independent living goals in the most integrated settings possible through the application of the counseling process. The counseling process involves communication, goal setting, and beneficial growth or change through self-advocacy, psychological, vocational, social, and behavioral interventions. The specific techniques and modalities utilized within this rehabilitation counseling process may include: assessment and appraisal; diagnosis and treatment planning; career (vocational) counseling; individual and group counseling treatment interventions focused on facilitating adjustments to the medical and psychosocial impact of disability; case management, referral, and service coordination; program evaluation and research; interventions to remove environmental, employment, and attitudinal barriers; consultation service among multiple parties and regulatory systems; job analysis, job development, and placement services, including assistance with employment and job accommodations; and the provision of consultation about access to rehabilitation technology. (Provided by the American Rehabilitation Counseling Association)

CAREERS
Those with a degree in Rehabilitation Counseling from a CORE accredited program can immediately sit for the National Certification Credential (CRC), which enables one to work in the following positions:
- State-Federal Rehabilitation Services Administration
- Private and non-profit settings- Clinicians, Administrators, or Case Managers
- Licensed to work as Mental Health Counselors

RESOURCES
For more information, please visit the following websites:

Commission on Rehabilitation Counselor Certification
https://www.crccertification.com/

American Rehabilitation Counseling Association
http://www.arcaweb.org/

University of Arizona, College of Education, Rehabilitation
https://www.coe.arizona.edu/dps/degrees_and_programs#rhab

Council for Accreditation of Counseling & Related Educational Programs
http://www.cacrep.org/

American Psychological Association, Division 22 & Division 22-Rehabilitation Psychology
http://www.apa.org/about/division/div22.aspx
https://division-rehabpsych.squarespace.com/

Council on Rehabilitation Education
http://www.core-rehab.org/