Our research team wants to learn what “aging well” means to you.

The purpose of this research is to learn more about subjective viewpoints on aging, and to investigate how psychological factors are related to aging well.

Who is eligible:
- Cognitively healthy adults, particularly those age 65+
- Access to reliable internet and computer

Where will this research study take place?
- The study will take about 1 hour to complete and will take place remotely through your computer.

What will this research involve?
- A screening test to determine eligibility
- A brief face-to-face online interview via Zoom
- Online surveys and tasks

Who should I contact to learn more?
- Trish Chilton, M.S., M.A., University of Arizona Department of Psychology, agingwell@email.arizona.edu

An institutional review board at the University of Arizona reviewed this research project and found it to be acceptable, according to applicable state and federal regulations and University policies designed to protect the rights and welfare of participants in research.