

FALL 2021 VIRTUAL COLLOQUIUM SERIES

The Psychology Department is pleased to announce:



Latinx Health Paradoxes, Resilience, and the Pursuit of Health Equity

John Ruiz, Ph.D. Psychology Department The University of Arizona *Promotion Series*

Despite disproportionate risk, Hispanics/Latinx populations generally experience better health and live longer than non-Hispanics (NH) including NHWs: an epidemiological phenomenon known as the Hispanic or Latino health paradox. Over the past decade, our work has helped to raise the profile of comparative Hispanic health and contributed to a significant change its characterization from disparity to paradoxical advantage. The CDC now reports a longevity advantage for Hispanics v. NH Whites as 3.3 years and rising. This change has altered perceptions of Hispanic health, opened the door to investigating the causes of resilience, and spurred interest in more tailored risk estimation models. It has also highlighted limitations of current deficit models which are based solely on risk factors, and the need for a paradigm shift to asset models which incorporate resilience to more fully account for variance in outcomes. This talk will review these developments, describe our ongoing work and partnerships, and my broader career efforts dedicated to the pursuit of health equity in the community, field, and national levels.

> Friday, October 1st, 2021 | 3:00 P.M. MST. Join on zoom: https://arizona.zoom.us/j/82871800093

With introductory remarks by Lee Ryan

With questions about access or to request any disability-related accommodations, please contact Vanessa Noonkester, <u>vnoonkester@arizona.edu</u>

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