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**EDUCATION**

Year	Degree	Major	Institution
2004	Fellowship	Behavioral Sleep Medicine	University of Texas Southwestern Medical School
2003	Internship	Clinical Psychology	Brown Medical School
2003	Ph.D.	Clinical Psychology	University of Memphis
1998	M.S.	Experimental Psychology	University of Louisiana–Lafayette
1994	B.A.	Psychology	Louisiana State University

**EMPLOYMENT**

Dates	Position	Organization	Location
2019-present	Professor	University of Arizona	Tucson, AZ
2015-2019	Professor	University of North Texas	Denton, TX
2013-2019	Director of Clinical Training	University of North Texas	Denton, TX
2010-2015	Associate Professor	University of North Texas	Denton, TX
2004-2010	Assistant Professor	University of North Texas	Denton, TX

**RESEARCH****Areas of Expertise**

Insomnia, Sleep, Cognitive-Behavioral Therapy, Depression, Anxiety, PTSD, Randomized Clinical Trials

**Peer Reviewed Journal Articles** (Chronological order; \*Current or past student)

- Walker, J., Slavish, D.C., Dolan, M., Dietch, J.R., Wardle-Pinkston, S., Messman, B.A., Ruggero, C.J., Kohut, M., Borwick, J., Kelly, K., & **Taylor, D.J.** (in press). Age-dependent associations among insomnia, depression, and inflammation in nurses. *Psychology & Health*. <https://doi.org/10.1080/08870446.2020.1805450>
- Slavish, D.C., **Taylor, D.J.**, Dietch, J.R., Wardle-Pinkston, S., Messman, B.A., Ruggero, C.J., Kohut, M., & Kelly, K. (in press). Intraindividual variability in sleep and levels of systemic inflammation in nurses. *Psychosomatic Medicine*.
- Brown, L.A., Zang, Y., Benhamou, K., **Taylor, D.J.**, Bryan, C.J., Yarvis, J.S., Dondanville, K.A., Litz, B.T., Mintz, J., Roache, J.D., Pruiksma, K.E., Fina, B.A., Young-McCaughan, S., Peterson, A.L., & Foa, E.B.; for the STRONG STAR Consortium (2020). Mediation of Suicide Ideation in Prolonged Exposure Therapy for Posttraumatic Stress Disorder. *Behaviour Research and Therapy*. Advance online publication. <https://doi.org/10.1016/j.brat.2019.103409>
- Dietch, J.R., Ruggero, C.J., Schuler, K.L., **Taylor, D.J.**, Luft, B.J., & Kotov, R. (2020). Posttraumatic Stress Disorder symptoms and sleep in the daily lives of World Trade Center responders. *Journal of Occupational Health Psychology*. Advance online publication. <http://dx.doi.org/10.1037/ocp0000158>
- Felt, J.M., Russell, M.A., Ruiz, J.M., Johnson, J.A., Uchino, B.N., Allison, M., Smith, T.W., **Taylor, D. J.**, Ahn, C., & Smyth, J. (2020). A Multimethod Approach Examining the Relative Contributions of Optimism and Pessimism to Cardiovascular Disease Risk Markers. *Journal of Behavioral Medicine*. Advance online publication. <https://doi.org/10.1007/s10865-020-00133-6>
- Lauer, E. E., Dietch, J. R., Chu, T. L., Barton, M., Martin, S. B., Petrie, T. A., Greenleaf, C. A., & **Taylor, D.J.** (2020). Psychosocial well-being and insomnia differ by weight control behaviors among healthy-weight adolescent females: Brief report. *International Journal of Behavioral Medicine*. Advance online publication. <https://doi.org/10.1007/s12529-020-09872-x>

7. Pruiksma, K. E., Slavish, D. C., **Taylor, D. J.**, Dietch, J. R., Tyler, H., Bryan, A. O., & Bryan, C. J. (*in press*). Nightmares and Insomnia in the National Guard: Mental and Physical Health Correlates. *International Journal of Behavioral Medicine*.
8. Pruiksma, K. E., Hale, W. J., Mintz, J., Peterson, A. L., Young-McCaughan, S., Wilkerson, A., Nicholson, K., Dondanville, K. A., Fina, B. A., Borah, E. V., Roache, J. D., Litz, B. T., Bryan, C. J., & Taylor, D. J.; for the STRONG STAR Consortium. (2020). Predictors of cognitive behavioral therapy for insomnia (CBTi) outcomes in active duty U.S. Army personnel. *Behavior Therapy*, (51)4, 522-534. <https://doi.org/10.1016/j.beth.2020.02.001>
9. Silva, M., Calvo, D., Breannan, E.M., Reljic, T., Drasher-Phillips, L., Schwartz, D.J., Kumar, A., Cotner, B., **Taylor, D. J.**, & Richardson, R. (2020). Incidence and predictors of adherence to sleep apnea treatment in rehabilitation inpatients with acquired brain injury. *Sleep Medicine*. Advance online publication. <https://doi.org/10.1016/j.sleep.2020.01.016>
10. Slavish, D.C., **Taylor, D.J.**, & Lichstein, K. (2019). Intraindividual Variability in Sleep and Comorbid Medical and Mental Health Problems. *Sleep*. Advance online publication. <https://doi.org/10.1093/sleep/zsz052>
11. **Taylor, D. J.**, Pruiksma, K. E., Hale, W. J., McLean, C. P., Zandberg, L., Brown, L., Mintz, J., Young-McCaughan, S., Peterson, A. L., Yarvis, J. S., Dondanville, K. A., Litz, B. T., Roache, J. D., & Foa, E. B.; on behalf of the STRONG STAR Consortium. (2020). Sleep problems in active duty military personnel seeking treatment for posttraumatic stress disorder: Presence, change, and impact on outcomes. *Sleep*. Advance online publication. <https://doi.org/10.1093/sleep/zsaa065>
12. **Taylor, D. J.**, Straud, C.L., Hale, W., Grieser, E., Garb, L., & Garb, H.N. (2020). Sleep Difficulties as a Predictor of Attrition in United States Air Force Recruits. *Sleep Health*, 6, 338-343. <https://doi.org/10.1016/j.sleh.2020.01.007>
13. Yap, Y., Slavish, D.C., **Taylor, D.J.**, Bei, B., & Wiley, J.F. (2020). Bi-directional Relations between Stress and Self-Report and Actigraphy-Assessed Sleep: A Daily Intensive Longitudinal Study. *Sleep*. Advance online publication. <https://doi.org/10.1093/sleep/zsz250>
14. Dietch, J.R., Sethi, K., Slavish, D.C., & **Taylor, D.J.** (2019). Validity of two retrospective questionnaire versions of the Consensus Sleep Diary: the whole week and split week Self-Assessment of Sleep Surveys. *Sleep Medicine*, 63, 127-136. <https://doi.org/10.1016/j.sleep.2019.05.015>
15. Kim, M., Van Horn, M. L., Jaki, T., Vermunt, J., Feaster, D., Lichstein, K. L., **Taylor, D. J.**, Riedel, B. W., and Bush, A. J. (2019). Repeated measures regression mixture models. *Behavior Research Methods*, 52, 591-606. <https://doi.org/10.3758/s13428-019-01257-7>
16. Veeramachaneni, K., Slavish, D.C., Dietch, J.R., Kelly, K., & **Taylor, D.J.** (2019). Intraindividual variability in sleep and perceived stress in young adults. *Sleep Health*, 5, 572-579. <https://doi.org/10.1016/j.sleh.2019.07.009>
17. Pruiksma, K. E., **Taylor, D. J.**, Mintz, J., Nicholson, K. L., Rodgers, M., Young-McCaughan, S., Hall-Clark, B. N., Fina, B. A., Dondanville, K. A., Cobos, B., Wardle-Pinkston, S., Litz, B. T., Roache, J. D., & Peterson, A. L.; on behalf of the STRONG STAR Consortium. (2020). A pilot randomized controlled trial of cognitive behavioral treatment for trauma-related nightmares in active duty military personnel. *Journal of Clinical Sleep Medicine*, 16(1), 29-40. <https://doi.org/10.5664/jcsm.8116>
18. Williams, J.M.,\* **Taylor, D.J.**, Slavish, D.C.,\* Gardner, C.,\* Zimmerman, M.R.,\* Patel, K.,\* Reichenburger, D.,\* Francetich, J.,\* Dietch, J.R.,\* & Estevez, R.\* (2020). Validity of actigraphy in young adults with insomnia. *Behavioral Sleep Medicine*, 18(1), 91-106. <https://doi.org/10.1080/15402002.2018.1545653>
19. Barnes, J. B., Presseau, C., Jordan, A. H., Kline, N. K., Young-McCaughan, S., Keane, T. M., Peterson, A. L., Litz, B. T., and the Consortium to Alleviate PTSD. (2019). Common data elements for military-related PTSD research applied in the Consortium to Alleviate PTSD. *Military Medicine*, 184, e218-e226. \*Consortium to Alleviate PTSD group authors include C. G. Abdallah, L. A. Averill, C. J. Bryan, J. A. Cigrang, P. T. Fox, S. J. Fredman, J. H. Krystal, M. E. McDevitt-Murphy, D. C. McGeary, K. E. Pruiksma, P. A. Resick, J. D. Roache, & **D. J. Taylor** <https://doi.org/10.1093/milmed/usy226>
20. Blumenthal, H., **Taylor, D. J.**, Cloutier, R. M.,\* Baxley, C.,\* & Lasslett, H.\* (2019). The links between social anxiety disorder, insomnia symptoms, and alcohol use disorders: Findings from a large sample of adolescents in the United States. *Behavior Therapy*, 50(1), 50-59. <https://doi.org/10.1016/j.beth.2018.03.010>
21. Dietch, J.R. & **Taylor, D.J.** (2019). The enigma of objective and subjective measurement of response to Cognitive Behavioral Therapy for Insomnia: Call to action. *Sleep Medicine Reviews*, 47, 119-121. <https://doi.org/10.1016/j.smrv.2019.08.003>
22. Doyle, C.Y., Ruiz, J. M., Taylor D. J., Smyth, J., Flores, M., Dietch, J., Ahn, C., Allison, M., Smith, T. W., Uchino, B. N. (2019). Associations between objective sleep and ambulatory blood pressure in a community sample. *Psychosomatic Medicine*, 81(6), 545-556. <https://doi.org/10.1097/PSY.0000000000000711>
23. McGuffin, J.,\* Riggs, S., & **Taylor, D. J.** (2019). Role of combat exposure and insomnia in student veterans'

- adaptation to college. *Behavioral Sleep Medicine*, 17(2), 213-223. <https://doi.org/10.1080/15402002.2017.1363041>
24. McLean, C. P., Zandberg, L., Roache, J. D., Fitzgerald, H., Pruiksma, K. E., **Taylor, D. J.**, Dondanville, K. A., Litz, B. T., Mintz, J., Young-McCaughan, S., Yarvis, J. S., Peterson, A. L., & Foa, E. B.; for the STRONG STAR Consortium. (2019). Caffeine use in military personnel with PTSD: Prevalence and impact on sleep. *Behavioral Sleep Medicine*, 17(2), 202-212. <http://dx.doi.org/10.1080/15402002.2017.1326920>
  25. Tutek, J., Mulla, M. M., Emert, S. E., Molzof, H. E., Lichstein, K. L., **Taylor, D. J.**, ... & Bush, A. J. (2019). Health and demographic discriminators of an insomnia identity and self-reported poor quantitative sleep. *Sleep Health* 5(3), 221-226. <https://doi.org/10.1016/j.sleh.2019.01.009>
  26. Wardle-Pinkston, S., Slavish, D.C., **Taylor, D.J.** (2019). Insomnia and cognitive performance: A systematic review and meta-analysis. *Sleep Medicine Reviews*, 48, 1-9. <https://doi.org/10.1016/j.smrv.2019.07.008>
  27. Bedford, L. A.,\* Dietch, J. R.,\* **Taylor, D. J.**, Boals, A., & Zayfert, C. (2018). Computer-guided problem-solving treatment for depression, PTSD, and insomnia symptoms in student veterans: A pilot randomized controlled trial. *Behavior Therapy*, 40(5), 756-767. <https://doi.org/10.1016/j.beth.2017.11.010>
  28. Contractor, A. A., Brown, L. A., Caldas, S., Banducci, A. N., **Taylor, D. J.**, Armour, C., & Shea, M. T. (2018). Posttraumatic stress disorder and positive memories: Clinical considerations. *Journal of Anxiety Disorders*, 58, 23-32. <https://doi.org/10.1016/j.janxdis.2018.06.007>
  29. Molzof, H.E., Emert, S.E., Tutek, J., Mazheruddin, M.M., Lichstein, K.L., **Taylor, D.J.**, & Riedel B.W. (2018). Intraindividual Sleep Variability and its Association with Insomnia Identity and Poor Sleep. *Sleep Medicine*, 52, 58-66. <https://doi.org/10.1016/j.sleep.2018.08.014>
  30. Pruiksma, K. E., Fina, B., Dietch, J. R.,\* Dondanville, K. A., Williams, J., Wright, E. C., Molino, A., Hall-Clark, B., Nicholson, K. L., Peterson, A. L., & **Taylor, D. J.** for the STRONG STAR Consortium (2018). Special Considerations in the Adaptation of Cognitive Behavioral Therapy for Insomnia with Active Duty US Army Personnel. *Cognitive and Behavioral Practice*, 25(4), 515-530. <https://doi.org/10.1016/j.cbpra.2017.12.007>
  31. Slavish, D.C.,\* Graham-Engeland, J.E., England, C.G., **Taylor, D.J.**, Buxton, O.M. (2018). Insomnia Symptoms are Associated with Elevated C-Reactive Protein in Young Adults. *Psychology and Health*, 33(11):1396-1415. <https://doi.org/10.1080/08870446.2018.1500577>
  32. **Taylor, D.J.** & Dietch, J.R.\* (2018). Integration of Cognitive Behavioral Therapy of Insomnia. *Journal of Psychotherapy Integration*. 28(3), 269-274. <http://dx.doi.org/10.1037/int0000133>
  33. **Taylor, D. J.**, Peterson, A. L., Pruiksma, K. E., Hale, W. J., Young-McCaughan, S., Wilkerson, A., Nicholson, K., Litz, B. T., Dondanville, K. A., Roache, J. D., Borah, E. V., Brundige, A., & Mintz, J.; on behalf of the STRONG STAR Consortium. (2018). Impact of cognitive behavioral therapy for insomnia disorder on sleep and comorbid symptoms in military personnel: A randomized clinical trial. *Sleep*, 41(6), 1-12. <https://doi.org/10.1093/sleep/zsy069>
  34. **Taylor, D. J.**, Wilkerson, A.K.,\* Pruiksma, K.E., Williams, J.M., Ruggero, C.J., Hale, W., Mintz, J., Organeck, K.,\* Nicholson, K.L., Litz, B.T., Young-McCaughan, S., Dondanville, K.A., Borah, E.V., Brundige, A., & Peterson, A.L.; on behalf of the STRONG STAR Consortium (2018). Reliability of the Structured Clinical Interview for DSM-5 Sleep Disorders Module. *Journal of Clinical Sleep Medicine*, 14, 459-464. <http://dx.doi.org/10.5664/jcsm.7000>
  35. Dietch, J.R.\* **Taylor, D.J.**, Smyth, J.M., Ahn, C., Smith, T.W., Uchino, B.N., Allison, M., & Ruiz, J.M. (2017). Gender and racial/ethnic differences in sleep duration in the North Texas Heart Study. *Sleep Health*, 3, 324-327. <https://doi.org/10.1016/j.sleh.2017.07.002>
  36. Ruiz, J.M., **Taylor, D.J.**, Uchino, B.N., Smith, T.W., Allison, M., Ahn, C., Johnson, J., Smyth, J.M. (2017). Evaluating the longitudinal risk of social vigilance on atherosclerosis. Study protocol for the North Texas Heart Study. *BMJ open*, 7:e017345. DOI:10.1136/bmjopen-2017-017345. <https://doi.org/10.1136/bmjopen-2017-017345>
  37. **Taylor, D.J.**, Peterson, A.L., Pruiksma, K.E., Young-McCaughan, S., Nicholson, K., Mintz, J., & the STRONG STAR Consortium (2017). Internet and In-Person Cognitive Behavioral Therapy for Insomnia in Military Personnel: A Randomized Clinical Trial. *Sleep*, 40(6), 1-12. <https://doi.org/10.1093/sleep/zsx075>
  38. **Taylor, D.J.**, Kelly, K.M., Kohut, M.L., & Song, K. (2017). Is Insomnia as a Risk Factor for Decreased Influenza Vaccine Response? *Behavioral Sleep Medicine*, 15, 270-287. <http://dx.doi.org/10.1080/15402002.2015.1126596>
  39. Dietch, J.R.,\* **Taylor, D.J.**, Sethi, K.S.,\* Kelly, K., Bramoweth, A.D.,\* & Roane, B.M.\* (2016). Psychometric evaluation of the PSQI in US college students. *Journal of Clinical Sleep Medicine*, 12(8), 1121-1129. <http://dx.doi.org/10.5664/jcsm.6050>
  40. Pruiksma, K.E., **Taylor, D.J.**, Wachen, J.S., Mintz, J., Young-McCaughan, S., Peterson, A.L., Yarvis, J.S., Borah, E.V., Dondanville, K.A., Litz, B.T., Hembree, E.A., & Resick, P.A.; on behalf of the STRONG STAR Consortium. (2016). Residual sleep disturbances following PTSD treatment in active duty military personnel. *Psychological Trauma: Theory, Research, Practice, and Policy*, 8(6), 697-701. <http://dx.doi.org/10.1037/tra0000150>
  41. **Taylor D.J.**, Pruiksma K.E., Hale W.J., Kelly K., Maurer D., Peterson A.L., Mintz J., Litz B.T., Williamson D.E.,

- STRONG STAR Consortium (2016). Prevalence, correlates, and predictors of insomnia in the US Army prior to deployment. *Sleep*, 39(10), 1795–1806. <http://dx.doi.org/10.5665/sleep.6156>
42. Uchino, B.N., Ruiz, J.M., Smith, T.W., Smyth, J.M., **Taylor, D.J.**, Allison, M., Ahn, C. (2016). Ethnic/Racial differences in the association between social support and levels of C-reactive proteins in the North Texas Heart Study. *Psychophysiology*, 53, 64-70. <https://doi.org/10.1111/psyp.12499>
  43. Woosley, J. A., Lichstein, K. L., **Taylor, D. J.**, Riedel, B. W., & Bush, A. J. (2016). Insomnia complaint versus sleep diary parameters: Predictions of suicidal ideation. *Suicide and Life-Threatening Behavior*, 46, 88-95. <https://doi.org/10.1111/sltb.12173>
  44. Ancoli-Israel, S., Martin, J.L., Blackwell, T., Buenaver, L., Liu, L., Meltzer, L.J., Sadeh, A., Spira, A.P., **Taylor, D.J.** (2015). The SBSM Guide to Actigraphy Monitoring: Clinical and Research Applications. *Behavioral Sleep Medicine, Supplemental*, S4-S38. <http://dx.doi.org/10.1080/15402002.2015.1046356>
  45. Dillon, H.R., Lichstein, K.L., Dautovich, N.D., **Taylor, D.J.**, Riedel, B.W., & Bush, A.J. (2015). Variability in self-reported normal sleep across the adult age span. *Journal of Gerontology: Psychological Sciences*, 70, 46-56. <https://doi.org/10.1093/geronb/gbu035>
  46. Marczyk Organek, K.D.,\* **Taylor, D.J.**, Petrie, T.A., Martin, S.B., Greenleaf, C., Dietch, J.R., & Ruiz, J.M. (2015) Adolescent sleep disparities: Sex and racial/ethnic differences. *Sleep Health*, 1, 36-39.
  47. Gellis, L.A., Park, A., Stotsky, M., & **Taylor, D.J.** (2014). Associations between Sleep Hygiene and Insomnia Severity in College Students: Cross-Sectional and Prospective Analyses. *Behavior Therapy*, 45, 806-816. DOI: 10.1016/j.beth.2014.05.002
  48. Pruiksma, K.E.,\* **Taylor, D.J.**, Ruggero, C., Boals, A., Davis, J.L., Cranston, C. DeViva, J.C., & Zayfert, C. (2014). A psychometric study of the Fear of Sleep Inventory Short-Form (FoSI-SF). *Journal of Clinical Sleep Medicine*, 10, 551-558. <http://dx.doi.org/10.5664/jcsm.3710>
  49. **Taylor, D.J.** & Pruiksma, K.E.\* (2014). Cognitive behavioral therapy for insomnia in psychiatric populations: A systematic review. *International Review of Psychiatry*, 26, 205-213. <http://dx.doi.org/10.3109/09540261.2014.902808>
  50. **Taylor, D.J.**, Zimmerman, M.R.,\* Gardner, C.E.,\* Williams, J.M.,\* Grieser, E.A.,\* Tatum, J.I.,\* Bramoweth, A.D., Francetich, J.M. & Ruggero, C. (2014). A pilot randomized controlled trial of the effects of cognitive-behavioral therapy for insomnia on sleep and daytime functioning in college students. *Behavior Therapy*, 45, 376-389. <https://doi.org/10.1016/j.beth.2013.12.010>
  51. Woosley, J.A., Lichstein, K.L., **Taylor, D.J.**, Riedel, B.W., & Bush, A.J. (2014). Hopelessness mediates the relation between insomnia and suicidal ideation. *Journal of Clinical Sleep Medicine*, 10, 1223-1230. DOI: 10.5664/jcsm.4208
  52. González, D.A., Boals, A., Jenkins, S.R., Schuler, E.R., **Taylor, D.J.** (2013), Psychometrics and latent structure of the IDS and QIDS with young adult students. *Journal of Affective Disorders*, 149, 217-220. DOI: 10.1016/j.jad.2013.01.027
  53. Henry, D., Rosenthal, L., Dedrick, D., & **Taylor, D.J.** (2013). Understanding patient responses to insomnia. *Behavioral Sleep Medicine*. 11, 40-55. DOI: 10.1080/15402002.2011.620671
  54. **Taylor, D.J.**, Bramoweth, A.D.,\* Grieser, E.A.,\* Tatum, J.I.,\* & Roane, B.M.\* (2013). Epidemiology of insomnia in college students: Relationship with mental health, quality of life, and substance use difficulties. *Behavior Therapy*, 44, 339-348.
  55. **Taylor, D.J.**, Vathauer, K.,\* Bramoweth, A.D.,\* Sethi, K.,\* Ruggero, C., & Roane, B.M.\* (2013). The role of sleep in predicting college academic performance: Is it a unique predictor? *Behavioral Sleep Medicine*, 11, 159-172. DOI: 10.1080/15402002.2011.602776
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  57. Gartenberg, D., Thornton, R., Masood, M., Pfannenstiel, D., **Taylor, D.J.**, Parasuraman, R. (2012). Collecting health-related data on the smart phone: mental models, cost of collection, and perceived benefit of feedback. *Personal and Ubiquitous Computing*. DOI 10.1007/s00779-012-0508-3
  58. Woosley, J.A., Lichstein, K.L., **Taylor, D.J.**, Riedel, B.W., & Bush, A.J. (2012). Predictors of perceived sleep quality among men and women with Insomnia. *Behavioral Sleep Medicine*, 10, 191-201.
  59. Bramoweth, A.D.,\* & **Taylor, D.J.** (2012). Healthcare utilization and chronic insomnia in young adults. *Behavioral Sleep Medicine*, 10, 106-121.
  60. Roane, B.M.,\* Dolan, D.C.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* & Rosenthal, L.D. (2012). Altering unhelpful beliefs about sleep with behavioral and cognitive therapies. *Cognitive Therapy and Research*, 36, 129-133.
  61. Wilkerson, A.,\* Boals, A. & **Taylor, D.J.** (2012). Sharpening our understanding of the consequences of insomnia: The relationship between insomnia and everyday cognitive failures. *Cognitive Therapy and Research*, 36, 2, 134-139.

62. Hamilton, N.A., **Taylor, D.J.** (2012). Don't leave sleep in the dark: A call for integrative cognitive models. *Cognitive Therapy and Research*, 36, 2, 115-119.
63. Hamilton, N.A., Atchley, R.A., Karlson, C.W., **Taylor, D.J.**, & McCurdy, D. (2012). The role of sleep and attention in the etiology and maintenance of fibromyalgia. *Cognitive Therapy and Research*, 36, 81-93.
64. Kloss, J.D., Nash, C.O., Horsey, S., & **Taylor, D.J.** (2011). The delivery of behavioral sleep medicine to college students. *Journal of Adolescent Health*, 48, 553-561.
65. **Taylor, D.J.**, Clay, K.,\* Bramoweth, A.D.,\* Sethi, K.,\* & Roane, B.M.\* (2011). Chronotype preference in college students: Relationships with psychological functioning and academics. *Chronobiology International*, 28, 541-547.
66. McCrae, C.M., Perlis, M.L., Smith, M.S., **Taylor, D.J.** (2011). Society of Behavioral Sleep Medicine (SBSM) Announces the Adoption of Behavioral Sleep Medicine (BSM) as the Society's Official Journal. *Behavioral Sleep Medicine*, 9, 1-3.
67. **Taylor, D.J.**, Gardner, C.E.,\* Bramoweth, A.D.,\* Williams, J.M.,\* Roane, B.M.,\* Grieser, E.A.,\* and Tatum, J.I.\* (2011). Insomnia and mental health in college students. *Behavioral Sleep Medicine*, 9, 107-116.
68. **Taylor, D.J.** & Roane, B.M.\* (2010). Treatment of Insomnia in Adults and Children: A Practice-Friendly Review of Research. *Journal of Clinical Psychology*, 66, 1137-1147.
69. **Taylor, D.J.**, & Bramoweth, A.D.\* (2010). Patterns and consequences of inadequate sleep in college students: Substance use and motor vehicle accidents. *Journal of Adolescent Health*, 46, 610-612.
70. Dolan, D.C.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* & Rosenthal, L. (2010). Cognitive behavioral therapy of insomnia: A clinical case series study of patients with comorbid disorders and using hypnotic medications. *Behavior Research and Therapy*, 48, 321-327.
71. McCrae, C.M., Smith, M.S., **Taylor, D.J.**, Perlis, M.L. (2010). The future of behavioral sleep medicine: A report on the presentations given at the Ponte Vedra Behavioral Sleep Medicine consensus conference, March 27-29, 2009. *Behavioral Sleep Medicine*, 8, 74-89.
72. **Taylor, D.J.**, Perlis, M.L., McCrae, C.M., Smith, M.S. (2010). The future of behavioral sleep medicine: A report on consensus votes at the Ponte Vedra Behavioral Sleep Medicine consensus conference, March 27-29, 2009. *Behavioral Sleep Medicine*, 8, 63-73.
73. **Taylor, D.J.**, Schmidt-Nowara, W., Jessop, C., & Ahearn, J.J. \* (2010). Sleep restriction therapy and hypnotic withdrawal versus sleep hygiene education in hypnotic using patients with insomnia. *Journal of Clinical Sleep Medicine*, 6, 169-175.
74. **Taylor, D.J.**, Walters, H., Vittengl, J., Krebaum, S., & Jarrett, R. (2010). Which depressive symptoms remain after response to cognitive therapy of depression and predict relapse and recurrence? *Journal of Affective Disorders*, 123, 181-187.
75. Ustinov, Y., Lichstein, K.L., Vander Wal, G.S., **Taylor, D.J.**, Riedel, B.W., and Bush, A.J. (2010). Association between report of insomnia and daytime functioning. *Sleep Medicine*, 11, 65-68.
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- Taylor, D.J.** (2010, November). *History of Behavioral Sleep Medicine*. In R.S. Meyers (Chair), *An Introduction to Behavioral Sleep Medicine*. Symposium conducted at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Taylor, D.J.**, Vittengl, J.R., Minhajuddin, A., & Jarrett, R.B. (2009, November). *Effects of Cognitive Therapy for Depression on Insomnia*. In R. Bootzin (Chair), *Sleep Across Axis I Disorders and Chronic Illnesses*. Symposium conducted at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Taylor, D.J.**, Zimmerman, M.,\* Gardner, C.E.,\* Williams, J.,\* Grieser, E.,\* Tatum, J.I.,\* & Bramoweth, A.D.\* (2009, November). *Cognitive Behavior Therapy of Insomnia in Young Adults: Response, Remission and Relapse*. In D. Taylor (Chair), *Cognitive Behavioral Therapy of Insomnia: Mediators and Moderators of Treatment Response and Relapse*. Symposium conducted at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Roane, B.M.,\* & **Taylor, D.J.** (2009, November). *Natural Course of Adolescent Insomnia: Patterns and Consequences*. In R. Bootzin (Chair), *Sleep Across Axis I Disorders and Chronic Illnesses*. Symposium conducted at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Taylor, D.J.** (2009, March). *Reporting Results of the Votes, Wrap Up and Concluding Remarks*. Presentation at Behavioral Sleep Medicine: A Consensus Conference, Ponte Vedra, FL.
- Taylor, D.J.** (2008, April). *Sleep in College Students*. Keynote Address presented at the University of North Texas 2008 Scholars Day. Denton, TX.
- Bramoweth, A.,\* Dolan, D.C.,\* **Taylor, D.J.**, & Rosenthal, L. (2008). *Where do significant improvements occur during CBTi?* Paper presented at the Annual Meeting of the Associated Professional Sleep Societies, Baltimore, MD.
- Taylor, D.J.** [Chair] (2008, March). *Hitting the Snooze Button: Processes in Sleep Management*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
- Taylor, D. J.** [Chair] (2007, November). *Training Graduate Students in Cognitive Behavioral Interventions*. Panel discussion conducted at the annual meeting of the Association of Behavioral and Cognitive Therapies,

Philadelphia, PA.

- Taylor, D.J.**, Williams, J.\* & Gardner, C.\* (2007, November). Reliability and validity of single night and weekly sleep diaries in comparison to actigraphy in college students with insomnia. In J. C. Ong (Chair), *Novel approaches to the assessment of insomnia*. Symposium conducted at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Roane, B.M.,\* & **Taylor, D.J.** (2007, June) Chronicity of adolescent insomnia. In T. Roehrs (Chair), *Sleep and behavior: Sources of disruption in adolescents*. Symposium conducted at the meeting of the Associated Professional Sleep Societies, Minneapolis, MN.
- Taylor, D.J.** (2007, June). *EEG for dummies*. Invited presentation at Trainee Day at the meeting of the Associated Professional Sleep Societies, Minneapolis, MN.
- Taylor, D.J.**, Dolan, D.C.,\* Grieser, E.A.,\* & Ahearn, J.J.\* (2006, November) Prevalence and Correlates of Insomnia in College Students. In P. L. Haynes (Chair), *Future directions in behavioral sleep medicine research: Characterizing sleep disturbances in novel populations*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago.
- McCrae, C.S., Rowe, M.A., Dautovich, N.D., Lichstein, K.L., Durrence, H.H., Riedel, B.W., **Taylor, D.J.**, & Bush, A.J. (2006, June). *Sleep hygiene practices in two community dwelling samples of older adults*. Paper presented at the 20th Anniversary Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT.
- Payne, K.L., Lichstein, K.L., Durrence, H.H., **Taylor, D.J.**, Riedel, B.W., & Bush, A.J. (2006, November). Pain and sleep in the young-old and old-old. In P. L. Haynes (Chair), *Future directions in behavioral sleep medicine research: Characterizing sleep disturbances in novel populations*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago.
- Taylor, D.J.** (2006, June). In M. Umlauf (Chair), *Disordered sleep – Just an antecedent to serious illness, or a cause?* Discussion group conducted at the meeting of the Associated Professional Sleep Societies, Salt Lake City, UT.
- Roane, B.M.,\* **Taylor, D.J.**, & Gaultney, J. (2006, June). Epidemiology of Adolescent Insomnia, Psychological Disorders, Suicide Ideation, and Suicide Attempt. In Michael Perlis (Chair), *Sleep disorders: Insomnia*. Symposium conducted at the meeting of the Associated Professional Sleep Societies, Salt Lake City, UT.
- Taylor, D.J.**, Vittengl, J., Clark, L.A., & Jarrett, R. (2005, November). Does psychosocial functioning improve with cognitive therapy of depression, and do residual problems predict relapse and recurrence? In R. Jarrett (Chair), *Surveying the big picture: bridging clinical trials on depression with practice and policy*. Symposium conducted at the meeting of the Association for Advancement of Behavioral Therapy, Washington, DC.
- Taylor, D.J.**, Dolan, D.C.,\* & Grieser, E.A.\* (2005, August). *Insomnia as a risk factor for increased psychopathology and decreased GPA in college students*. Invited paper presented as part of young investigator award at annual William C. Dement Summer Behavioral Sciences Research Apprenticeship retreat, Providence, RI.
- Taylor, D.J.**, Lichstein, K.L., Weinstock, J., Temple, J., & Sanford, S. (2005, June). *Cognitive behavioral treatment of insomnia in people with major depressive disorder*. Paper presented at the meeting of the Associated Professional Sleep Societies, Denver, CO.
- Taylor, D.J.**, Walters, H., Krebaum, S., Kraft, D., & Jarrett, R.B. (2004, November) Does cognitive therapy for depression reduce insomnia? In R. Bootzin (Chair), *The comorbidity of depression and insomnia*. Symposium conducted at the meeting of the Association for Advancement of Behavioral Therapy, New Orleans, LA.
- Taylor, D.J.**, Walters, H., Krebaum, S., Kraft, D., & Jarrett, R.B. (2004, June). *Does residual insomnia predict depressive relapse and recurrence in cognitive therapy responders?* Paper presented at the meeting of the Associated Professional Sleep Societies, Philadelphia, PA.
- Lichstein, K.L., Durrence, H.H., **Taylor, D.J.**, Bush, A.J., & Riedel, B.W. (2001, July). Ontogeny of insomnia. In A. Harvey (Chair), *Developments in the nature and treatment of insomnia*. Symposium conducted at the meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver.
- Taylor, D. J.**, & McFatter, R. M. (1999, June). *The effects of sleep deprivation on extraversion and neuroticism*. Paper presented at the meeting of the Associated Professional Sleep Societies, Las Vegas, NV.

### **Seminars and Workshops Presented**

- McLean, C. P., Foa, E. B., Dondanville, K. A., Haddock, K., Rauch, S. A. M., Yarvis, J. S., **Taylor, D. J.**, Hall-Clark, B. N., Fina, B. A., McVeigh, H., Barrera, M., Litz, B. T., Mintz, J., Young-McCaughan, S., & Peterson, A. L.; for the STRONG STAR Consortium. (2019, May). *Using eHealth to increase the reach of evidence-based treatments for PTSD: Lessons learned from the web-PE studies*. Webinar presented for the Anxiety Disorders Association of America.
- Taylor, D. J.**, & Pruiksma, K. E. (August, 2018). *Cognitive Behavioral Therapy for Insomnia and Nightmares*. Two-day

workshop presented to the Danish Defense, Copenhagen, Denmark.

- Taylor, D. J., & Pruiksma, K. E.** (August, 2018). *Cognitive Behavioral Therapy for Insomnia and Nightmares*. Two-day workshop presented to the Danish Psychological Association, Copenhagen, Denmark.
- Taylor, D.J., Micol, R.L., & Pruiksma, K.E.** (2016, November). *Behavioral sleep medicine interventions for trauma-related sleep disturbances: Cognitive Behavioral Therapy for Insomnia and Exposure, Relaxation, and Rescripting Therapy for chronic nightmares*. Full day Pre-meeting Institute (PMI) presented at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- Taylor, D.J.** (2016, February). Sleep Problems [Webinar]. In *US Military Matters*. Retrieved from [www.usmilitarymatters.org](http://www.usmilitarymatters.org)
- Taylor, D.J.** (2016, February). Healthy and Unhealthy Sleep [Webinar]. In *US Military Matters*. Retrieved from [www.usmilitarymatters.org](http://www.usmilitarymatters.org)
- Taylor, D.J.** (2016, April). *Cognitive Behavioral Therapy of Insomnia*. Workshop provided at the American Association of Suicidology Annual Conference. Chicago, IL.
- Taylor, D.J.** (2014, December). *Cognitive Behavioral Therapy of Insomnia in Active Duty Military*. Distinguished Visiting Professor Workshop Conducted at Wilford Hall Medical Center. San Antonio, TX.
- Taylor, D.J.** (Co-Chair: 2011, May). *Behavioral Sleep Interventions 101*. Clinical Round Table conducted at the annual meeting of the American Psychosomatic Society Annual Meeting, San Antonio, TX.
- Taylor, D.J.** (2011, May). *Cognitive Behavioral Therapy of Insomnia*. Distinguished Visiting Professor Workshop Conducted at Wilford Hall Medical Center. San Antonio, TX.
- Taylor, D.J.** (2009, August). *Behavioral Sleep Medicine: Evidence Based Medicine for Sleep Disorders*. Continuing Education Workshop conducted at the annual meeting of the American Psychological Association. Toronto, Canada.
- Taylor, D.J.** (2008, Sept). *Behavioral Sleep Medicine: Behavioral and Cognitive Therapies for Insomnia and Other Sleep Disorders*. Distinguished Visiting Professor Workshop Conducted at Andrews Air Force Base. Washington, DC.
- Taylor, D.J.** [Chair] (2008, August). *Behavioral Sleep Medicine: Evidence Based Medicine for Sleep Disorders*. Continuing Education Workshop conducted at the annual meeting of the American Psychological Association. Boston, MA. [provided as online CEU at <http://webclients.captus.com/apa/catalog.htm>]
- Taylor, D.J.** [Chair] (2008, March). *Behavioral Sleep Medicine: Become a Specialist in an Emerging Behavioral Medicine Practice Area*. Seminar conducted at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
- Taylor, D.J.** (2007, November). *The Power of Sleep*. Seminar conducted Austin College. Sherman, TX.
- Taylor, D.J.** (2007, July). *Behavioral Sleep Medicine: Evidence Based Psychological Treatments for Adult and Pediatric Sleep Disorders*. Continuing Education Workshop Conducted at Salesmanship Club. Dallas, TX.
- Taylor, D.J.** (2006, May). *Behavioral Sleep Medicine*. Continuing Education Workshop Conducted at the Annual Meeting of Texas Directors of University Counseling Centers. Padre Island, TX.

#### **Published Abstracts** (All Peer Reviewed)

##### **(1<sup>st</sup> Author)**

- Taylor, D.J., Pruiksma, K.E.\***, Kelly, K., Maurer, D., Litz, B., Peterson, A., Mintz, J., & Williamson, D.E. (2015). Insomnia In The Military: Prevalence And Comorbidities. *Sleep*, 38 (Abstract Suppl.) A614.
- Taylor, D. J., Pruiksma, K. E.,\* Resick, P. A., Wachen, J. S., Mintz, J., Young-McCaughan, S.** (2013). Do baseline sleep disturbances predict response to PTSD treatments? *Sleep*, 36(Abstract Suppl.), A305.
- Taylor, D.J., Dolan, D.C.,\* Bramoweth, A.D.,\* & Rosenthal, L.** (2008). Reported sleepiness while driving among college students. *Sleep*, 31 (Abstract Suppl.), A223.
- Taylor, D. J., Lichstein, K. L., Weinstock, J., Temple, J., & Sanford, S.** (2005) Cognitive behavioral treatment of insomnia in people with major depressive disorder. *Sleep*, 28 (Abstract Suppl.), A316.
- Taylor, D. J., Walters, H., Krebaum, S., Kraft, D., & Jarrett, R. B.** (2004) Does residual insomnia predict depressive relapse and recurrence in cognitive therapy responders. *Sleep*, 27 (Abstract Suppl.), A346.
- Taylor, D. J., Acebo, C., & Carskadon, M. A.** (2003). MSLT across 36 hours of sleep deprivation. *Sleep*, 26 (Abstract Suppl.), A189.
- Taylor, D. J., Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W.** (2002). What is normal sleep? A comparison of healthy, average, and sleep disordered individuals. *Sleep*, 25 (Abstract Suppl.), A502.
- Taylor, D. J., Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W.** (2001). Epidemiology of anxiety, depression, and sleep. *Sleep*, 24 (Abstract Suppl.), A347.
- Taylor, D. J., Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W.** (2000). Do frequency of insomnia and type

of insomnia change with age? *Sleep*, 23 (Abstract Suppl. 2), A314.

**Taylor, D. J.**, Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W. (2000). Sleep and daytime functioning of different insomnia types. *Sleep*, 23 (Abstract Suppl. 2), A314.

**Taylor, D. J.**, & McFatter, R. M. (1999). The effects of sleep deprivation on extraversion and neuroticism. *Sleep*, 22 (Suppl. 1), A245. (Reprinted in *Neurology Reviews*, Sept. 1999).

**(2<sup>nd</sup> + Author With My Students)**

Dietch, J.R., Slavish, D.C., Messman, B.A., Wardle-Pinkston, S., Kelly, K., Ruggero, C.J., & **Taylor, D.J.** (2020, June). *Do associations between daily stress and sleep vary by work shift? A within-person analysis in nurses*. Poster to be presented at the 34th annual meeting of the Associated Professional Sleep Societies annual meeting, Philadelphia, PA.

Miles, S. R., Pruiksma, K. E., Slavish, D., Nakase-Richardson, R., Nicholson, K., Wardle-Pinkston, S., Young-McCaughan, S., Resick, P. A., Williamson, D. E., Dondanville, K. A., Litz, B. T., Mintz, J., Keane, T. M., Peterson, A. L., & **Taylor, D. J.**, for the Consortium to Alleviate PTSD. (2020, June). *Sleep disorders contribute to anger in service members with posttraumatic stress disorder*. Poster presented at the 34th Annual Meeting of the Associated Professional Sleep Societies (SLEEP 2020), Philadelphia, PA.

Pruiksm, K. E., Hale, W. J., Mintz, J., Peterson, A. L., Young-McCaughan, S., Wilkerson, A., Nicholson, K. L., Dondanville, K. A., Fina, B.A., Borah, E. V., Roache, J. D., Litz, B. T., Bryan, C. J., & **Taylor, D. J.**, for the STRONG STAR Consortium (2020, June). *Predictors of cognitive behavioral therapy for insomnia (CBTi) outcomes in active duty U.S. Army personnel*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies (SLEEP 2020), Philadelphia, PA.

Santiago, B., Messman, B.A., Slavish, D.C., Alkire, C., Wardle-Pinkston, S., Dietch, J.R., Kelly, K., Ruggero, C.R., & Taylor, D.J. (2020, June). *Do nurses with high blood pressure have more sleep disturbances than their peers?* Poster to be presented at the meeting of the Associated Professional Sleep Societies, Philadelphia, PA.

Scott, B., Crawford, M., Slavish, D.C., Messman, B.A., Wardle-Pinkston, S., Dietch, J.R., Kelly, K., Ruggero, C.R., & Taylor, D.J. (2020, June). *Demographic differences in the degree of discrepancy between sleep diary and actigraphy measures of sleep*. Poster to be presented at the meeting of the Associated Professional Sleep Societies, Philadelphia, PA.

Slavish, D.C., Asbee, J., Veeramacheneni, K., Scott, B., Messman, B., Sin, N.L., Taylor, D.J. & Dietch, J.R. (2020, June). *The cycle of daily stress and sleep: Sleep measurement matters*. Poster to be presented at the meeting of the Associated Professional Sleep Societies, Philadelphia, PA.

Dietch, J.R., Sethi, K., Slavish, D., & **Taylor, D.J.** (2019, September). *Validity of Two Retrospective Questionnaire Versions of the Consensus Sleep Diary: The Whole Week and Split Week Self-Assessment of Sleep Surveys*. Poster presented at the 15th biennial World Sleep Congress, Vancouver, BC.

Alkire, C., Messman, B., Ruggero, C., Wardle-Pinkston, S., **Taylor, D.J.**, & Kelly, K. (2019, June). Depression, Insomnia, and PTSD as Predictors for Nightmares. Poster Presented at the 33<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.

Brown, A.,\* Tompkins, B.,\* Messman, B.,\* Wardle, S.,\* Slavish, D.C.,\* Kelly, K., Ruggero, C., & **Taylor, D.J.** (2019, June). *Are Self-Reported Symptoms of Obstructive Sleep Apnea Associated with Increased Nightmare Frequency?* Poster presented at the 33rd Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.

Dietch, J.R. & Taylor, D.J. (2019, June). Validity of survey measures of sleep duration, efficiency, and timing. In *Measurement and analysis of sleep and circadian dimensions*. Symposium conducted at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.

Dietch, J.R. & Taylor, D.J. (2019, June). *Validity of survey measures of sleep duration, efficiency, and timing*. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX. Kumar, R.,\* Slavish, D.C.,\* Messman, B.,\* Dietch, J.R., Wardle, S.,\* Ruggero, C., Kelly, K., & **Taylor, D.J.** (2019, June). *Associations between pain, depression, stress, and substance use in nurses with and without insomnia*. Poster presented at the 33<sup>rd</sup> annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.

Kumar, R., Slavish, D.C., Messman, B., Dietch, J.R., Wardle, S., Ruggero, C., Kelly, K., & **Taylor, D.J.** (2019, June). *Associations between pain, depression, stress, and substance use in nurses with and without insomnia*. Poster presented at the 33<sup>rd</sup> annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.

Pruiksm, K.E.,\* Wardle, S.,\* Slavish, D.,\* Ojeda, A., **Taylor, D. J.**, Peterson, A. L., Kelly, K., Maurer, D., Mintz, J., Litz, B., Borah, E. V., Brundige, A., Young-McCaughan, S., Williamson, D. E., for the STRONG STAR Consortium. (2019, June). *Prevalence and Correlates of Nightmares in Active Duty Service Members*. Poster presented at the annual meeting of the Associate Professional Sleep Societies (APSS), San Antonio, TX.

- Doyle, C.Y., Ruiz, J.M., Dietch J.,\* **Taylor, D.J.**, Ahn, C., Allison, M., Smith, T.W., Smyth, J., Uchino, B. N. (2018, June) *Subjective, But Not Objective, Measures of Sleep Continuity Are Associated with Perceived Stress in a Community Sample*. Poster presented at the 32<sup>nd</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore, MD.
- Hale, B.S., Messman, B., Brown, A., Banzuelo, H., Nguyen, T.L., Slavish, D.C., **Taylor, D.J.**, & Dietch, J.R. (2018, June). *Daily positive affect predicts EEG-determined REM duration*. Poster presented at the 32<sup>nd</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore, MD.
- Veeramachaneni, K., Dietch, J. R., Slavish, D. C., & Taylor, D.J. (2018, June). *Daily Covariation of Stress and EEG-Determined Sleep*. Poster presented at the 32<sup>nd</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore, MD.
- Messman, B.M.,\* Scott, B.V., Dietch, J.R.,\* Francetich, J.M.,\* Kelly, K., & **Taylor, D.J.** (2016, June). Total sleep time as moderator for serum glucose levels in college students with and without insomnia. *Sleep, 39* (Abstract Suppl.) A223.
- Francetich, J.M.,\* Dietch, J.R.,\* Wilkerson, A.M.,\* Kelly, K., & **Taylor, D.J.** (2016, June). Distinguishing insomnia from non-insomnia with actigraph and sleep diary parameters: A quantitative approach. *Sleep, 39* (Abstract Suppl.) A376.
- Dietch, J.R.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Sethi, K.,\* & Roane, B.M.\* (2015). Insufficient sleep, total sleep time, and sleep quality as predictors of biopsychosocial outcomes. *Sleep, 38* (Abstract Suppl.) A916.
- Wilkerson, A.,\* **Taylor, D.J.**, Parsons, T., Dietch, J.R.,\* & Roane, B.M.\* (2015). Sleep disturbance and Neuropsychological performance from late pregnancy to early postpartum. *Sleep, 38* (Abstract Suppl.) A1146.
- Francetich, J. M.,\* **Taylor, D. J.**, Moore, S.,\* Crew, E. C.,\* Dietch, J.R.,\* Estevez, R.,\* Chu, C., Kelly, K. (2014). A Comparison of Actigraphy sleep onset and sleep offset settings across wake threshold settings. *Sleep, 38* (Abstract Suppl.) A1176.
- Dietch, J.R.,\* Sethi, K.,\* **Taylor, D.J.**, Bramoweth, A.,\* Mannon, K.,\* & Roane, B.M.\* (2014). An analysis of convergent and discriminant validity of the PSQI in a college sample. *Sleep, 37* (Abstract Suppl.) A564.
- Francetich, J. M.,\* **Taylor, D. J.**, Kelly, K., Crew, E. C.,\* Estevez, R.,\* Dietch, J.,\* Chu, C., Marczyk, K.\* (2014). A Comparison of Low, Medium, and High Wake Threshold Settings for Actigraphy Sleep Onset Latency and Terminal Wakefulness in College Students with and without Insomnia. *Sleep, 37* (Abstract Suppl.) A276.
- Crew, E. C.,\* Bramoweth, A. D.,\* Roane, B. M.,\* & **Taylor, D. J.** (2013). Differences in psychosocial functioning among a college sample of normal and poor sleepers with and without an insomnia complaint. *Sleep, 36* (Abstract Suppl.), B622.
- Francetich, J. M.,\* **Taylor, D. J.**, Kelly, K., Estevez, R.,\* Dietch, J.,\* & Mathew, P.\* (2013). Manually determining actigraph rest intervals for software analysis: Sleep diary times versus actiwatch event marker times. *Sleep, 36* (Abstract Suppl.) A314.
- Marczyk, K. D.,\* Gray, D. D., **Taylor, D. J.**, Gaultney, J. F. (2013). Ethnic differences in beliefs and attitudes about sleep medication use. *Sleep, 36* (Abstract Suppl.) A428.
- Pruiksma, K. E.,\* **Taylor, D. J.**, Resick, P. A., Wachen, J. S., Mintz, J., Young-McCaughan, S. (2013). Do sleep disturbances remain after PTSD treatments? *Sleep, 36*(Abstract Suppl.), A305.
- Wilkerson, A. W.,\* **Taylor, D. J.**, Francetich, J. M.,\* Sethi, K.\* Reichenberger, D.,\* & Crew, E. C.\* (2013). Neuropsychological functioning in a randomized clinical trial of brief behavioral therapy for insomnia. *Sleep, 36* (Abstract Suppl.). B659.
- Marczyk, K.D.,\* Francetich, J.M.,\* Wilkerson, A.K.,\* Petrie, T.A., Martin, S.B., & Greenleaf, C.A., **Taylor, D.J.** (2012). Sleep and morning absenteeism in middle school adolescents. *Sleep, 35*(Abstract Suppl.), A358.
- Marczyk, K.D.,\* Wilkerson, A.K.,\* **Taylor, D.J.**, Petrie, T.A., Martin, S.B., & Greenleaf, C.A. (2011). Are adolescent girls losing sleep over pressures to look thin? *Sleep, 34*(Abstract Suppl.), A289.
- Thomas, S.J., Lichstein, K.L., **Taylor, D.J.**, Riedel, B.W., & Bush, A.J. (2011). Epidemiology of bedtime, arising time and time in bed: Analysis of age, gender and ethnicity. *Sleep, 34*(Abstract Suppl.), A62.
- Woodsley, J., Lichstein, K.L., Thomas, J., Taylor, D.J., Riedel, B.W., & Bush, A.J. (2011). Sleep variables related to sleep quality rating. *Sleep, 34*(Abstract Suppl.), A188.
- Dolan, D.C.,\* **Taylor, D.J.**, Bramoweth, A.,\* & Rosenthal, L. (2008). Effects of morningness-eveningness chronotype on sleepiness across the day. *Sleep, 31*(Abstract Suppl.), A56.
- Bramoweth, A.,\* Dolan, D.C.,\* **Taylor, D.J.**, & Rosenthal, L. (2008). Where do significant improvements occur during CBTi? *Sleep, 31* (Abstract Suppl.), A232.
- Bramoweth, A.D.,\* **Taylor, D.J.**, Grieser, E.A.,\* Roane, B.M.,\* Gardner, C.E.,\* Williams, J.M.,\* et al. (2008). Comorbidity of insomnia and medical disorders in young adults. *Sleep, 31* (Abstract Suppl.), A238.

- Alloway, K.A.,\* Tatum, J.I.,\* **Taylor, D.J.**,\* Bramoweth, A.D.,\* Roane, B.M.,\* & Clay, K.\* (2008). The affects of anxiety on sleep quality. *Sleep*, 31 (Abstract Suppl.), A239.
- Clay, K.,\* Tatum, J.I.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Roane, B.M.,\* & Alloway, K.A.\* (2008). Morningness and eveningness relationship to college GPA. *Sleep*, 31 (Abstract Suppl.), A239.
- Bramoweth, A. D.,\* **Taylor, D. J.**, Williams, J. M.,\* Gardner, C. E.,\* Zimmerman, M. R.,\* Roane, B. M,\* & Grieser, E. A.\* (2007). Sleep problems as predictors of health care utilization. *Annals of Behavioral Medicine*, 33 (Suppl.), S197.
- Tatum, J.I.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Gardner, C.,\* Williams, J.,\* Zimmerman, M.,\* et al. (2007). Mental health benefits of different exercise types [Abstract]. *Annals of Behavioral Medicine*, 33(Suppl.), S191.
- Bramoweth, A. D.,\* **Taylor, D. J.**, Grieser, E. A.,\* Roane, B. M.,\* Gardner, C. E.,\* Williams, J. M.,\* Zimmerman, M. R.\* (2007). Sleep problems and health care utilization in college students. *Sleep*, 30 (Abstract Suppl.), A229.
- Dolan, D.C.,\* **Taylor, D. J.**, & Rosenthal, L. D. (2007). Response to CPAP therapy among sleepy OSA patients. *Sleep*, 30 (Abstract Suppl.), A208.
- Dolan, D.C.,\* Rosenthal, L. D., & **Taylor, D. J.** (2007). Long-term follow-up study of insomnia patients. *Sleep*, 30 (Abstract Suppl.), A271.
- Grieser, E.A.,\* Tatum, J.I.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Gardner, C.E.,\* Williams, J.M.,\* Zimmerman, M.R.,\* & Roane, B.M.\* (2007). Headache severity and sleep dysfunction. *Sleep*, 30 (Abstract Suppl.), A904.
- Gardner, C.E.,\* **Taylor, D.J.**, Tatum, J.I.,\* Bramoweth, A.D.,\* Grieser, E.A.,\* Roane, B.M.,\* Williams, J.M.,\* & Zimmerman, M.R.\* (2007). The interrelationship of insomnia and mental health cross-sectionally and longitudinally. *Sleep*, 30 (Abstract Suppl.), A684.
- Roane, B. M.,\* & **Taylor, D. J.** (2007). Chronicity of adolescent insomnia. *Sleep*, 30 (Abstract Suppl.), A696.
- Rosenthal, L.D., Dolan, D.C.,\* Becker, P.M., Jamieson, A., **Taylor, D. J.**, & Schmidt-Nowara, W. (2007). A comparison of subjective sleepiness scales in the identification of OSA. *Sleep*, 30 (Abstract Suppl.), A351.
- Tatum, J. I.,\* **Taylor, D. J.**, Bramoweth, A. D.,\* Gardner, C. E.,\* Williams, J. M.,\* Zimmerman, M. R.,\* Roane, B. M.,\* & Grieser, E. A.\* (2007). Benefits of physical activity on sleep. *Sleep*, 30 (Abstract Suppl.), A372.
- Williams, J.M.,\* **Taylor, D.J.**, & Gardner, C.E.\* (2007) Comparison of sleep diaries, actigraphy and ambulatory polysomnography in college students with insomnia. *Sleep*, 30 (Abstract Suppl.), A232.
- Grieser, E.A.,\* **Taylor, D.J.**, Dolan, D.,\* Meixner, R., & Rosenthal, L.D. (2006). Characteristics of excessive daytime sleepiness in patients with insomnia. *Sleep*, 29 (Abstract Suppl.), A247.
- Mallory, L. J.,\* **Taylor, D. J.**, Lichstein, K. L., Durrence, H. H., Riedel, B. W., & Bush, A. J. (2006). Epidemiology of insomnia and medical disorders. *Sleep*, 29 (Abstract Suppl.), A245.
- Roane, B.M.,\* **Taylor, D. J.**, & Gaultney, J. (2006) Epidemiology of adolescent insomnia, psychological disorders, suicide ideation, and suicide attempt. *Sleep*, 29 (Abstract Suppl.), A91.
- Rosenthal, L. D.,\* Dolan, D.,\* & **Taylor, D. J.** (2006) Response to CPAP therapy in sleepy and non-sleepy OSA patients. *Sleep*, 29 (Abstract Suppl.), A211.

### **Poster Presentations (All Peer Reviewed)**

#### **(1<sup>st</sup> Author)**

- Taylor, D. J.**, Pruiksma, K. E., Slavish, D., Messman, B., Wardle-Pinkston, S., & Williamson, D.E.; and the STRONG STAR Consortium. (2019, June). *Risk factors and correlates of insomnia across U.S. Army deployment cycle*. Poster presented at SLEEP 2019, the 33rd Annual Meeting of the Associated Professional Sleep Societies (APSS), San Antonio, TX. \*STRONG STAR Consortium group authors include (alphabetically): W.J. Hale, K. Kelly, B.T. Litz, D. Maurer, J. Mintz, A.L. Peterson, and S. Young-McCaughan.
- Taylor, D.J.**, Resick, P.A., Pruiksma, K. E., Nicholson, K., Dietch, J.R., Slavish, D.C., Dondanville, K.A., Wardle-Pinkston, S., Mintz, J., Hale, W.J., Litz, B.T., Young-McCaughan, S., Keane, T.M., & Peterson, A.L.; for the Consortium to Alleviate PTSD. (2019, August). *Treatment of Comorbid Sleep Disorders and PTSD: Self-Report Findings*. Poster presented at the Military Health System Research Symposium, Kissimmee, FL.
- Taylor, D.J.**, Wilkerson, A.K., Bunnell, B.E., Calhoun, C., Pruiksma, K. E., Dietch, J.R., Milanak, M., Rheingold, A., Peterson, A., Morin, C., Dolan, D., Brim, W., Ruggiero, K.J., Wardle-Pinkston, S., Dolan, M. A. (2019, August). *Developing and Testing A Web-Based Provider Training for Cognitive Behavioral Therapy of Insomnia*. Poster presented at the Military Health System Research Symposium, Kissimmee, FL.
- Taylor, D.J.**, Pruiksma, K.E.,\* Resick, P. A., Peterson, A.L., Keane, T.M., Mintz, J., Nicholson, K., Litz, B.T., Williamson, D.E., Dondanville, K.A., Young-McCaughan, S., Wardle, S., Cobos, B., for the Consortium to Alleviate PTSD (2016, August). *Treatment of Comorbid Sleep Disorders and PTSD: A Protocol for a Randomized Clinical Trial*. Poster presented at the Military Health System Research Symposium, Ft Lauderdale,

FL.

- Taylor, D.J.**, Peterson, A., Pruiksma, K.E.,\* Young-McCaughan, S., Mintz, J., Borah, A., the National Center for Telehealth and Technology, & the STRONG STAR Consortium (2015, August). *Comparing Internet and In-Person Brief Cognitive Behavioral Therapy of Insomnia*. Poster presented at the Military Health System Research Symposium, Ft Lauderdale, FL.
- Taylor, D. J.**, Wilkerson, A. W.,\* Francetich, J. M.,\* Marczyk, K., D.,\* Sethi, K.,\* (2012, November). *Cognitive Performance and Brief Behavioral Therapy for Insomnia: Preliminary Findings of a Randomized Controlled Trial*. Poster presented at 46th Annual Meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Taylor, D. J.**, Vittengl, J., Walters, H., Krebaum, S., & Jarrett, R. B. (2005, November). *Which specific residual symptoms predict relapse and recurrence after cognitive therapy for depression?* Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, Washington, D.C.
- Taylor, D. J.**, Lichstein, K. L., & Weinstock, J. (2003, November). *Cognitive-behavioral treatment for insomnia and depression*. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, Boston, MA.
- Taylor, D. J.**, Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W. (2002, November). *Psychological correlates of insomnia*. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, Reno, NV.
- Taylor, D. J.**, Durrence, H. H. & Lichstein, K. L. (2001, November). *Cognitive-behavioral treatment for insomnia and depression: A case study*. Poster presented at the meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Taylor, D. J.**, Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W. (2000, November). *Effects of caffeine, nicotine, and alcohol consumption on sleep*. Poster presented at the meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Taylor, D. J.**, Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W. (2000, November). *Medical correlates of insomnia*. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New Orleans, LA.
- Taylor, D. J.**, Lichstein, K. L., Durrence, H. H., Bush, A. J., & Riedel, B. W. (1999, November). *Frequency of insomnia and insomnia type as age progresses*. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, Toronto, ONT.

**(2<sup>nd</sup> + Author With My Students)**

- Gerwell, K., Pruiksma, K. E., Brock, M. S., Peterson, A. L., Carrizales, A., **Taylor, D. J.**, Vanecek, R., Hansen, S., Foster, S. N., Young-McCaughan, S., Straud, C., Mintz, J., Mysliwiec, V. (2020, June 25). *Sleep Disorders in Military Women* [Podium Presentation]. San Antonio Military Health System (SAMHS) and Universities Research Forum (SURF) Annual Conference, San Antonio, TX.
- Dietch, J.R., Slavish, D.C., Ruggero, C.J., Kelly, K., Messman, B., Wardle-Pinkston, S., & **Taylor, D.J.** (2020, April). *Insomnia identity and psychosocial health in nurses*. Poster presented at the 40th annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Hasslen, S. R., Mysliwiec, V., Pruiksma, K. E., Peterson, A. L., Carrizales, F. A., Brundige, A., **Taylor, D. J.**, Vanecek, R., Hansen, S., Foster, S. N., Young-McCaughan, S., Gerwell, K., Gill, J., Matsangas, P., Mintz, J., & Brock, M. S.; for the STRONG STAR Consortium. (2019, August). *Evaluation of sleep quality in a military population: The Military Service Sleep Assessment (MSSA)*. Poster presented at the Military Health System Research Symposium, Kissimmee, FL.
- Pruikisma, K. E., Wardle-Pinkston, S., Slavish, D., Ojeda, A., **Taylor, D. J.**, Peterson, A. L., Kelly, K., Maurer, D., Mintz, J., Litz, B. T., Borah, E. V., Brundige, A., Young-McCaughan, S., & Williamson, D. E.; for the STRONG STAR Consortium. (2019, June). *Prevalence and correlates of nightmares in active duty service members*. Poster presented the San Antonio Combat PTSD Conference, San Antonio, TX.
- Pruikisma, K. E., Wardle-Pinkston, S., Slavish, D., Ojeda, A., **Taylor, D. J.**, Peterson, A. L., Kelly, K., Maurer, D., Mintz, J., Litz, B. T., Borah, E. V., Brundige, A., Young-McCaughan, S., & Williamson, D. E.; for the STRONG STAR Consortium. (2019, June). *Prevalence and correlates of nightmares in active duty service members*. Poster presented at SLEEP 2019, the 33rd Annual Meeting of the Associated Professional Sleep Societies (APSS), San Antonio, TX.
- Slavish, D. C., **Taylor, D. J.**, Williamson, D. E., Resick, P. A., Pruiksma, K. E., Casady, T., Tyler, H., Blankenship, A., Hummel, V., Dondanville, K. A, Nicholson, K., Young-McCaughan, S., Hale, W. J., Mintz, J., Litz, B. T.,



- Wachen, J. S., Keane, T. M., & Peterson, A. L.; for the Consortium to Alleviate PTSD. (2019, March). *Changes in inflammatory biomarkers in active duty service members receiving cognitive behavioral therapy for insomnia and nightmares*. Poster presented at the meeting of the American Psychosomatic Society, Vancouver, BC, Canada.
- Walker, J. L., Slavish, D. C., Messman, B., **Taylor, D. J.**, Kelly, K., & Ruggero, C. (2019, March). *The prevalence and psychosocial correlates of dietary supplement use in nurses*. Poster presented at the 77<sup>th</sup> annual meeting of the American Psychosomatic Society, Vancouver, BC.
- Byeon, A., Slavish, D.C., Messman, B., Kelly, K., Ruggero, C., & **Taylor, D.J.** (2018, November). *Depression, anxiety, and intraindividual variability in sleep in nurses*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- McGrath, A. B., Cloutier, R., Christensen, M., Swaminath, S., Sabic, S., Nolan, M., Foulkrod, T., Francis, M., Thornton, R., Henderson, C., **Taylor, D.J.**, & Weinstock, J (2018, November). *Health- and risky-behavior clustering in a sample of emerging-adult college students: Examining differences in executive functioning*. Poster presented at the Association for Behavioral Cognitive Therapies 52nd Annual Conference, Washington, D.C.
- Walker, J.,\* Douglas, M.,\* Dietch, J.,\* Slavish, D.C., Brown, A., Messman, B., Scott, B., **Taylor, D.J.**, & Blumenthal, H. (2018, April). *Trait anxiety and restrictive eating as predictors of sleep onset latency and sleep quality*. Poster presented at the meeting of the Society of Behavioral Medicine, New Orleans, LA.
- Slavish, D.C.,\* Graham-Engeland, J.E., Engeland, C.G., **Taylor, D.J.**, & Buxton, O.M. (2018, April). *Insomnia symptoms and stress-related vulnerability to sleep disturbances are associated with elevated inflammation*. Poster presented at the meeting of the American Psychosomatic Society (APS), Louisville, KY.
- Charak, R., Hirai, M., Smith, T.W., Ruiz, J., Dietch, J.R.\*, & **Taylor, D.J.** (2017, November). *Assessing the dimensionality of Posttraumatic stress disorder and its association with insomnia*. Poster session presented at the 51<sup>st</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, California.
- Dadeboe, I.R.,\* Dietch, J.R.,\* **Taylor, D.J.**, Bramoweth, A., Sethi, K., & Roane, B.M (2017, November). *Sleep characteristics and dropout rates in college students*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Dietch, J.R.,\* Agtarap, S.,\* Kearns, N., Blumenthal, H., Boals, A., **Taylor, D.J.**, & Pruiksma, K. E. (2017, November). *Directionality of nightmares, insomnia, and suicidal ideation among trauma-exposed college students*. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Dietch, J.R.\* & **Taylor, D.J.** (2017, September). *Psychometrics of the Insomnia Severity Index in a US college sample*. Poster presented at the 9th annual Sleep Research Network Conference, Bethesda, MD.
- Doyle, C., K., Flores, M., Ahn, C., Allison, M., Smith, T. W., Smyth, J., **Taylor, D. J.**, Uchino, B. N., & Ruiz, J. M. (2017, March). *A Good Night's Sleep May Lower the Pressure: Actigraphy-Assessed Sleep Efficacy and Ambulatory Blood Pressure in a Community Sample*. Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Fitzgerald, H., McLean, C.P., Zandberg, L., Roache, J. D., Pruiksma, K. E., **Taylor, D. J.**, Dondanville, K. A., Litz, B. T., Mintz, J., Young-McCaughan, S., Yarvis, J. S., Peterson, A. L., & Foa, E. B.; for the STRONG STAR Consortium. (2017, November). *Caffeine Use in Military Personnel with PTSD: Prevalence and Impact on Sleep*. Poster presented at the 2017 Association for Behavioral and Cognitive Therapies (ABCT) Annual Conference, San Diego, CA.
- Koh, S.,\* Dietch, J.R.,\* Kelly, K., Ruiz, J.M, & **Taylor, D.J.** (2017, November). *Social vigilance in college students with and without insomnia*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Liu, M.,\* Dietch, J.R.\*, Estevez, R. \*, & **Taylor, D.J.** (June, 2017). *Relationships between personality domains, nightmares, and sleep quality*. Poster presented at the 31st Annual Meeting of the Associated Professional Sleep Societies, Boston, MA.
- McLean, C.P, Zandberg, L., Roache, J., Fitzgerald, H., Pruiksma, K.E., **Taylor, D.J**, Dondanville, K.A., Litz, B.T., Mintz, J., Young-McCaughan, S., Yarvis, J.S., Peterson, A.L., & Foa, E.B.; for the STRONG STAR Consortium. (2017, August). *Caffeine use in military personnel with PTSD: Prevalence and impact on sleep*. Poster presented at the Military Health System Research Symposium, Kissimmee, FL.
- Mizer, M., Brown, A. K., Wardle, S., Slavish, D., Brillliott, L., Casady, T. E., Williams, B., Tyler, H. C., Nicholson, K., Pruiksma, K. E., Dondanville, K. A., Mintz, J., Young-McCaughan, S., Keane, T. M., Peterson, A. L., **Taylor, D. J.**, for the Consortium to Alleviate PTSD. (2017, November). *Recruitment, Screening, and Baseline Assessment for a Randomized Clinical Trial Treating Comorbid Sleep Disorders and PTSD*. Poster presented at the San

Antonio Combat PTSD Conference, San Antonio, TX.

- Molzof, H.E., Lichstein, K.L., **Taylor, D.J.**, Riedel B.W., & Bush, A.J. (2017, June). *Weeknight versus weekend differences in total sleep time across sleep groups*. Poster presented at 31<sup>st</sup> Annual Meeting of the Associated Professional Sleep Societies in Boston, MA.
- Molzof, H.E., Lichstein, K.L., **Taylor, D.J.**, Riedel B.W., & Bush, A.J. (2017, June). *Weeknight versus weekend total sleep time varies by sleep group: A multi-level modeling approach*. Poster presented at the Rhythms in the South East Region (RISER) conference in Murfreesboro, TN.
- Schuler, K. L.,\* Dietch, J. R.,\* Ruggero, C. J., **Taylor, D. J.**, & Kotov, R. (May, 2017). *Relationships between Posttraumatic Stress Disorder (PTSD) Symptoms and Sleep in Daily Life*. Poster presented at the 29th annual convention of the Association for Psychological Science, Boston, MA.
- Veeramachaneni, K.,\* Francetich, J. M.\*, Dietch, J. R.\*, **Taylor, D.J.**, & Kelly, K. (June, 2017). *The role of sleep parameters and insomnia status in predicting perceived stress*. Poster presented at the 31st Annual Meeting of the Associated Professional Sleep Societies, Boston, MA.
- Dietch, J.R.\* & **Taylor, D.J.** (2016, October). *Validity and reliability of the modified Insomnia Severity Index (mISI)*. Poster presented at 50th Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Estevez, R.\*, Dietch, J.\*, & **Taylor, D. J.** (2016, October). *Nightmare Disorder Prevalence as Defined by the DSM-5 in a College Sample: Preliminary Findings*. Poster presented at 50th Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Bedford, L.,\* **Taylor, D.J.**, Boals, A., Dietch, J.R.,\* Goans, C., Calmenson, N., & Tomalski, J. (2016, October). *Electronic problem solving treatment (ePST<sup>®</sup>) for depression in student veterans*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Dietch, J.R.\* & **Taylor, D. J.** (2016, August). *Temporal stability of survey sleep measurement in college students*. Poster presented at 124<sup>th</sup> Annual American Psychological Association Convention, Denver, CO.
- Ticknor, J. L.,\* Dietch, J. R.,\* & **Taylor, D. J.** (2015, November). *Relationship between insomnia and suicidal symptoms*. Poster presented at 49<sup>th</sup> Annual Meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Dietch, J.R.,\* Cloutier, R.M.,\* Douglas, M.E., **Taylor, D.J.**, & Blumenthal, H. (2015, November). *Associations between insomnia symptoms and motives for non-medical prescription stimulant use among college students*. Poster presented at 49<sup>th</sup> Annual Meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Cloutier, R.,\* Blumenthal, H., **Taylor, D.J.**, Baxley, C., & Lasslett, H. (2015). *The indirect effect of sleep problems in the link between social anxiety disorder and alcohol use disorders among a nationally representative sample of adolescents*. Poster presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Pruikma, K.E., **Taylor, D.J.**, Resick, P.A., Wachen, J.S., Peterson, A.L., Mintz, J., Yarvis, J. & the STRONG STAR Consortium. (2015, November) *Sleep Outcomes in Group and Individual Cognitive Processing Therapy for PTSD in Active Duty Military Personnel*. In C. McLean (Chair). *The role of insomnia and nightmares in PTSD treatment: Is sleep dysfunction being overlooked?* Symposium conducted at the annual meeting of Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
- Dietch, J.R.,\* **Taylor, D.J.**, Ahn, C., Allison, M., Smith, T.W., Smyth, J.M., Uchino, B.N., & Ruiz, J.M. (2015, April). *Validation of a brief measure of self-reported insomnia, sleep apnea, and sleep duration: The Brief Sleep Questionnaire (BSQ)*. Poster presented at Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.
- Dietch, J.R.,\* & **Taylor, D.J.** (2014, November). *Relationship between insomnia subtypes and psychiatric symptoms*. Poster presented at Annual Meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Francetich, J.M.,\* **Taylor, D.J.**, Hitt, K.,\* Dalton, M.,\* Matthes, S.,\* Moore, S.,\* . . . Kelly, K. (2014, November). *Actigraph Agreement of Daily-collected Sleep Diaries Compared to Weekly-collected Sleep Diaries*. Poster presented at Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Moore, S.,\* Francetich, J.,\* Sharp K.,\* Marczyk K.,\* **Taylor, D.J.**, & Petrie, T. (2014). *Is there a relationship between socioeconomic status and sleep onset latency?* Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 2014.
- Saucedo, C.,\* Dietch, J.,\* Francetich, J.,\* & **Taylor, D.J.** (2014, November). *Effects of circadian preference and class start time on academic performance*. Poster presented at Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Sharp, K.,\* **Taylor, D.J.**, Francetich, J.M.,\* Moore, S.,\* Marczyk, K.,\* & Petrie, T. (2014, November). *Gender differences in BMI as a predictor of short sleep duration in middle school students*. Poster presented at the Annual

- Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Wilkerson, A.K.,\* **Taylor, D.J.**, Dietch, J.D.,\* Francetich, J.,\* Estevez, R.,\* Sethi, K.,\* Sebastian, B.,\* Saucedo, C.,\* Sternad, R.\* (2014, November). *Is "pregnancy brain" a function of sleep?* Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Dietch, J.R.,\* **Taylor, D.J.**, Bramoweth, A.,\* Mannon, K., Sethi, K.,\* & Roane, B.\* (2013, November). *Validation of the DBAS-16 in a College Sample*. Poster presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Francetich, J. M.,\* **Taylor, D. J.**, Kelly, K., Crew, E. C.,\* Marczyk, K.,\* Estevez, R.,\* Dietch, J.,\* & Wilkerson, A.\* (2013, November). *Perceived stress as a predictor of sleep onset latency in college students with and without insomnia*. Poster presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Woosley, J. A., Lichstein, K. L., **Taylor, D. J.**, Riedel, B. W., & Bush, A. J. (2013, November). *Insomnia identity predicts suicidal ideation*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Nashville, TN.
- Dietch, J.R.,\* **Taylor, D.J.**, Bramoweth, A.,\* Mannon, K.,\* Sethi, K.,\* & Roane, B.\* (2013, June). *Summer sleep times as predictors of academic and psychosocial functioning*. Poster presented at annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.
- Lauer, E.E., Martin, S., Greenleaf, C., Petrie, T, Marczyk, K.,\* & **Taylor, D.J.** (2013, May). *Relation between Psychosocial Variables and Weight Action in Adolescent Girls*. Poster presented at annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- Marczyk, K. D.,\* **Taylor, D. J.**, Petrie, T.A., Martin, S.B., Greenleaf, C. (2012, November). *Sleep Disparities among a Racially/Ethnically Diverse Sample of Adolescents*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Francetich, J. M.,\* **Taylor, D. J.**, Zimmerman, M. R.,\* Estevez, R.,\* Wilkerson, A. K.,\* & Marczyk, K. D.\* (2012, June). *Sleep diary compliance in college students with insomnia: A comparison with actigraphy*. Presented at the annual meeting of the Associated Professional Sleep Societies, Boston, MA.
- Garza, M., Ruiz, J.M., Martin, S.B., Greenleaf, C.A., **Taylor, D.J.**, & Petrie, T.A. (2011). *Sleep duration and body mass index in a diverse group of adolescents*. Presented at annual meeting of the American Psychosomatic Society Meeting, San Antonio, TX.
- Marczyk, K.D.,\* **Taylor, D.J.**, Petrie, T.A., Martin, S.B., Greenleaf, C.A., Ruiz, J.M., & Ruggero, C. (2011). *Sleep duration and body mass index in a diverse group of adolescents*. Presented at annual meeting of the American Psychosomatic Society Meeting, San Antonio, TX.
- Marczyk, K. D.,\* **Taylor, D.J.**, Martin, S., Greenleaf, C., & Petrie, T. (2010). Differences in sleep disturbances between gender and ethnicity in adolescents. Poster presented at annual meeting of the Texas Conference on Health Disparities, Fort Worth, TX.
- Vatthauer, K.,\* **Taylor, D.J.**, Sethi, K.,\* Bramoweth, A.D.,\* Mannon, K.,\* Clay, K.,\* & Roane, B. M.\* (2009, November). *Sleep predictors of academic performance*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Zimmerman, M.R.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Sethi, K.J.,\* Vatthauer, K.E.,\* Tatum, J.I.,\* & Roane, B.M.\* (2009, August). *The mediating role of depression in chronic pain and psychosocial functioning*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Mannon, K.A.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Tatum, J.I.,\* Sethi, K.,\* Clay, K.,\* & Vatthauer, K.\* (2008, November). *The relationship between anxiety and academic functioning in college students*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Grieser, E.A.,\* Tatum, J.I.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Zimmerman, M.,\* Clay, K.,\* Mannon, K.,\* & Vatthauer, K.\* (2008, November). *Sleep hygiene patterns as predictors of insomnia status*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Sethi, K. J.,\* **Taylor, D. J.**, Mannon, K.,\* Bramoweth, A. D.,\* Vatthauer, K.,\* Tatum, J. I.,\* & Clay, K.\* (2008, November). *A Comparison of Single Time-Point Retrospective Measures with a Sleep Log*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Vatthauer, K.,\* Sethi, K.,\* **Taylor, D. J.**, Bramoweth, A. D.,\* Mannon, K.,\* Clay, K.,\* & Roane, B. M. (2008, November). *Sleep and Academic Functioning*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Grieser, E.A.,\* Tatum, J.I.,\* **Taylor, D.J.**, Bramoweth, A.D.,\* Gardner, C.E.,\* Williams, J.M.,\* Zimmerman, M.,\* & Roane, B.M.\* (2007, March). *Self-reported sleep as a predictor of headache severity*. Poster session presented at

the annual meeting of the Society for Behavioral Medicine, Washington, DC.

Gardner, C. E.,\* **Taylor, D. J.**, Tatum, J. I.,\* Bramoweth, A. D.,\* Grieser, E. A.,\* Roane, B. M.,\* Williams, J. M.,\* & Zimmerman, M. R.\* (2007, April). *A look at college students with insomnia and mental health symptomology*.

Poster session presented at the annual conference of the Great Plains Honors Council, Oklahoma City, OK.

Grieser, E. A.,\* Tatum, J. I.,\* **Taylor, D. J.**, Bramoweth, A. D.,\* Gardner, C. E.,\* Williams, J. M.,\* Zimmerman, M. R.,\* & Roane, B.M.\* (2007, June). *Headache Severity and Sleep Dysfunction*. Poster presented at the annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.

Tatum, J. I.,\* Fitzmorris, M. J.,\* Bramoweth, A. D.,\* **Taylor, D. J.**, Gardner, C. E.,\* Williams, J. M.,\* Roane, B. M.,\* & Grieser, E. A.\* (2007, June). *Relationship between sleep bruxism and mental health*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.

### **Ongoing Research Support**

R01AI128359-01 Sleep and Vaccine Response in Nurses (SAV-RN) NIH/NIAID	Taylor & Kelly (Co-PIs)	12/1/2016-11/30/2020 \$2,194,247 Role: Co-PI
W81XWH-17-1-0165 Web-based provider training for cognitive behavioral therapy of insomnia (CBTi) DoD/CDMRP	Taylor (PI)	7/14/2017-2/15/2021 \$1,906,855 Role: PI
The PAC-12 Student-Athlete Health and Well-Being Mental Health Coordinating Unit (MHCU) Pacific Athletic Conference – 12 (PAC-12)	Taylor (PI)	6/1/2020-5/31/2023 \$701,783 Role: PI
CER-2018C2-13262 Cognitive Behavioral Therapy and Zolpidem for Insomnia (COZI) Patient-Centered Outcomes Research Institute (PCORI)	Stone (PI)	5/1/2019-4/30/2023 AZ Site: Co-PI Steering Committee: Co-I
169-SR-17 Non-inferiority study of telemedicine versus conventional CBT-I in recently Hospitalized Patients with Insomnia American Sleep Medicine Foundation	Parthasarathy (PI)	5/1/2019-4/30/2022 Co-I
W81XWH-16-2-0004 Suicide Risk and Sleep in Treatment: An Intensive Daily Sampling Study Military Suicide Research Consortium	Brown (PI)	1/1/2019-12/31/2021 \$288,471 (Arizona sub) Role: Co-I
2R44AG056250-03A1 A non-pharmacological multi-modal therapy to improve sleep and cognition and reduce mild cognitive impairment risk NIH/NIA	Gartenberg (PI)	9/1/2020-8/31/2022 \$267,363 (Arizona Sub) Role: Co-I
R15AA026079 A Controlled Test of Interpersonal Rejection, Social Anxiety, and Alcohol Use among Female Adolescents NIH-NIAAA	Blumenthal (PI)	09/01/2017-08/31/2020 \$431,312 Role: Co-I
1C06OD028307-01 University of Arizona Health Sciences (UAHS) Sleep Research Center Construction Grant NIH/OD	Dake (PI)	9/20/19-5/31/24 N/A Co-I
W81XWH-12-PHTBI-CAP	Peterson (PI)	9/01/2013-8/31/2020

The STRONG STAR Consortium to Alleviate PTSD DoD		N/A Role: Co-I
F31 Effect of Trauma-Related Stress During Acute Alcohol Intoxication on Driving-Related Risky Decision-Making NIH/NIAAA	Kearns (PI)	9/1/2018-8/31/2020 N/A Role: Co-Sponsor
2K12DA031794-06A1 Insomnia and Relapse in Treatment-Seeking Adults with Substance Use Disorder National Institutes of Health	Wilkerson (PI)	1/1/2019-12/31/2021 N/A Role: Secondary Mentor
1R01MH117600-01 Identifying Suicidal Subtypes and Dynamic Indicators of Increasing and Decreasing Suicide Risk NIMH	Bryan (PI)	08/20/2018-06/30/2021 N/A Role: Unpaid Co-I
1R34AA026909-01A1 Development of Brief Interventions for Alcohol, Marijuana, and Sleep Problems in Young Adults NIH/NIAAA	Larimer (PI)	9/1/2019-8/31/2022 Role: Consultant
DM170708 Sleep Disorders in Military Women: Identifying Causal Factors and the Impact of Treatment on Psychological Health and Resilience DoD	Mysliwiec (PI)	4/09/2018-4/08/2021 N/A Role: Consultant
R01NR017168-01A1 Impact of CBT for Insomnia on Pain Symptoms and Central Sensitization in Fibromyalgia NIH/NINR	McCrae (PI)	8/27/2018-5/31/2023 N/A Role: Consultant
Targeting Insomnia in School Aged Children with Autism Spectrum Disorder Department of Defense	McCrae (PI)	9/1/2019-8/31/2023 N/A Role: Consultant
<b>Pending Research Support</b>		
W81XWH-20-JWMP Web-Based Provider Training for Cognitive Behavioral Therapy for Nightmares (CBTn) DoD/CDMRP/JWMP	Taylor (PI)	1/1/2021-12/31/2024 \$1,992,420 Role: PI
W81XWH-20-JWMP Virtual Insomnia Patients (VIPs) to Automate and Accelerate Dissemination of Cognitive Behavioral Therapy for Insomnia (CBTi) DoD/CDMRP/JWMP	Taylor (PI)	1/1/2021-12/31/2024 \$2,728,965 Role: PI
R01MH122459 Pathways of risk and resilience in firefighters: A prospective study of modifiable predictors of mental and physical health outcomes from the fire academy through mid- career NIH/NIMH	Gulliver (PI)	1/1/2021-12/31/2026 Resubmitted 1 <sup>st</sup> Impact Score = 33 Role: Co-I
R01AG061976 Feasibility and Efficacy of Web-based Cognitive Behavioral Therapy for Insomnia for Dementia Caregivers in Rural Communities: Examination of Sleep, Arousal, Mood, and	McCrae (PI)	9/1/2019-8/31/2024

Cognitive Outcomes NIH/NIA		Role: Co-I
R01HD093653 Cognitive Behavioral Treatment for Insomnia in Children with Autism: Remote vs. Traditional Delivery NIH/NICHD	McCrae (PI)	7/1/2019-8/31/2024 Role: Co-I
Web-based Treatment of Insomnia for Adults with Autism Spectrum Disorder Department of Defense	McCrae (PI)	9/1/2019-8/31/2023 Role: Co-I
<b>Past Research Support</b>		
F31DA041105 Modeling marijuana use willingness and problems as a function of social rejection and social anxiety among adolescents NIH/NIDA	Cloutier (PI)	1/17/2017-1/16/2019 N/A Role: Co-Sponsor
W81XWH-13-2-0065 (DoD) 1101CU000144-01 (VA) CAP-Treatment of Comorbid Sleep Disorders and PTSD DoD-VA	Taylor (PI)	9/30/2015-9/30/2019 \$3,214,708 Role: PI
STRONG STAR Texas Training Initiative Texas Veterans and Family Alliance, Texas Health and Human Services	Dondanville (PI)	6/1/2017-5/31/2018 N/A Role: Consultant
A Pilot Randomized Controlled Trial for Treatment of Trauma-Related Nightmares in Active Duty Military Personnel American Sleep Medicine Foundation	Pruiksma (PI)	1/1/2015-12/30/2017 \$25,000 Role: Co-I
U01OH010524 Mind Body Treatment for WTC Responders with Comorbid PTSD and Respiratory Illness National Institute for Occupational Safety and Health (NIOSH)	Bromet, Gonzalez, Luft (PIs)	7/01/2013-6/30/2017 N/A Role: Consultant
H98210-15-BAA-0001 Expanding Mental Health Care for the U.S. Reserve Component: Self-Care, Families as Gatekeepers, and Building a Cadre of Skilled, Compassionate Community Providers DoD	Bryan (PI)	9/01/2015-12/31/2016 Role: Consultant
W81XWH-10-1-0828 Comparing Internet and In-person Brief Cognitive Behavioral Therapy of Insomnia. DoD-CDMRP	Taylor (PI)	9/27/2010-9/26/2016 \$1,174,264 Role: PI
W81XWH-08-2-0110 Genetic and Environmental Predictors of Combat-Related PTSD. DoD-CDMRP	Williamson (PI)	9/1/2008-8/31/2016 Role: Investigator
PT074199P19 Cognitive Processing Therapy for Combat-related PTSD. DoD-CDMRP	Resick (PI)	9/1/2008-8/31/2016 Role: Investigator
PT074199P13	Foa (PI)	9/1/2008-8/31/2017

Prolonged Exposure for Post-Traumatic Stress Disorder (PTSD) Among Operation Iraqi Freedom/Operation Enduring Freedom (OIF/OEF) Personnel. DoD-CDMRP		Role: Investigator
5R01HL109340-02 Social Vigilance and Atherosclerotic Risk NHLBI	Taylor (PI)	7/1/2012-4/30/2016 \$1,620,000 Role: PI
1R15AI085558-01A2 Is Insomnia a Risk Factor for Decreased Influenza (e.g., H1N1) Vaccine Response? NIAID	Taylor (PI)	2/15/2011-1/31/2014 \$442,838 Role: PI
1R03AR053266-01A2 Fibromyalgia and Sleep Treatment (FAST). NIH/NIAMS	Hamilton (PI)	9/01/2008-8/31/2013 \$196,597 Role: Co-I
Investigator Initiated Grant Objective Assessment of Sleep and Activity in Adolescents. Mini Mitter/Respironics	Taylor (PI)	1/1/2010-12/31/2012 \$63,340 Role: PI
VA-CBT-TP VA: Cognitive Behavioral Therapy Training Program. Veterans Administration	Yesavage (PI)	10/1/2010-9/30/2012  Role: Consultant
Sleep Problems, Insomnia, and Coping Mechanisms Among New Nurses. UNT	Henry (PI)	9/1/2011-8/31/2012 \$7,500 Role: Co-I
GA9033 Neuropsychological and Physiological Improvements after Cognitive Behavioral Therapy of Insomnia UNT	Taylor (PI)	9/1/2010-8/31/2011 \$7,500  Role: PI
Infrastructure Grant Establishment of the Biobehavioral Research Unit UNT	Ruiz (PI)	9/1/2006-9/1/2007 \$32,000 Role: CoI
Investigator Initiated Grant Daytime Functioning in Normal and Insomnia Groups Mini Mitter/Respironics	Taylor (PI)	9/1/2008-9/1/2009 \$38,928 Role: PI
Investigator Initiated Grant Cognitive Behavioral Therapy of Insomnia in College Students Mini Mitter/Respironics	Taylor (PI)	9/1/2007-9/1/2008 \$38,928 Role: PI
G33817 Cognitive Behavioral Therapy of Insomnia in College Students. UNT	Taylor (PI)	9/1/2006-9/1/2008 \$5,000 Role: PI
2007 Junior Faculty Summer Research Fellowship UNT	Taylor (PI)	6/1/2007-9/1/2007 \$5,000 Role: PI
Investigator Initiated Grant	Taylor (PI)	9/1/2006-9/1/2007

Cognitive Behavioral Therapy of Insomnia in College Students Mini Mitter/Respiroics		\$48,132 Role: PI
G69250 Sleep as a Predictor of School Performance and Healthcare Utilization UNT	Taylor (PI)	9/1/2005-9/1/2006 \$5,000 Role: PI

**SERVICE****Grant Reviews**

2020	NIH Adult Psychopathology and Disorders of Aging Study Section
2018	NIMH Clinical Trials to Test the Effectiveness of Treatment, Preventive, and Services Interventions (R01)
2016-2018	NIH Special Emphasis Panel/Scientific Review Group
2017	Department of Defense Peer Reviewed Medical Research Program Discovery Awards
2015	Army Medical Research and Material Command
2014	Dutch Diabetes Research Foundation
2012 & 2014	NIH Mechanisms of Emotion, Stress and Health (MESH) Study Section
2012	Department of Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury Clinical Recommendations Panel
2012	Department of Veterans Affairs Merit Review Committee
2010	United States-Israel Binational Science Foundation
2009	Catalan Agency for Health Technology Assessment and Research

**Editorial Board**

Cognitive Behavioral Therapy  
Behavioral Research and Therapy  
International Journal of Clinical Health Psychology  
Sleep Health

**Ad Hoc Reviewer**

Behavior Therapy, Behavioral Sleep Medicine, BMC Psychiatry, Chronobiology International, Depression: Mind and Body, European Journal of Pediatrics, International Journal of Aging, Journal of Adolescent Health, Journal of Clinical and Consulting Psychology, Journal of Clinical Sleep Medicine, Journal of Consulting and Clinical Psychology, Journal of Psychosomatic Research, Journal of Sleep Research, Pediatrics, Psychotherapy and Psychosomatics, Sleep, The International Journal of Aging and Human Development

**National Service Positions**

2014-2015	President-Elect, American Board of Sleep Psychology
2013-2015	Program Chair, Society of Behavioral Sleep Medicine Annual Conference
2013-2015	Member, Society of Behavioral Sleep Medicine Actigraphy Technical and Scoring Manual Task Force
2013	Member, Society of Behavioral Sleep Medicine Presidential Task Force for "Sleep Psychology" Specialty Recognition by American Psychological Association Commission for the Recognition of Specialties and Proficiencies in Professional Psychology
2011-2013	Society of Behavioral Sleep Medicine Annual Conference Program Committee, Member
2011-2012	American Board of Sleep Medicine, Executive Committee
2009-2012	Society of Behavioral Sleep Medicine, Executive Committee, Secretary/Treasurer
2008	Behavioral Sleep Medicine Consensus Conference, Executive Committee
2008-2010	American Board of Sleep Medicine, Behavioral Sleep Medicine Examination Committee
2004-2010	American Academy of Sleep Medicine, Education Task Force
2007-2008	American Academy of Sleep Medicine, Behavioral Sleep Medicine Committee
2004-2008	Association of Behavioral and Cognitive Therapies, Program Committee
2005-2006	Sleep Research Society, Head of Sleep and Behavior Section
2003-2004	Sleep Research Society Board, Trainee Member-at-Large
2002-2003	Brown Medical School Psychology Internship, Training Committee



### **University of North Texas Service Positions**

2013-2019	Co-Director of Clinical Training, Clinical Health Psychology
2004-2019	Clinical Health Psychology Committee
2013-2017	Professional Affairs Committee
2010-2013	Executive Committee
2004-2011	Psychology Clinic Executive Committee
2004-2010	Mentoring Committee
2006-2008	Merit Committee
2004-2007	Faculty Evaluations
2004-2006	Strategic Planning Committee

### **Membership in Professional Organizations**

Society of Behavioral Sleep Medicine  
Sleep Research Society  
Association of Behavioral and Cognitive Therapies

### **Additional Responsibilities and Other Activities**

#### **Courses Taught**

Clinical Psychology Practicum, Cognitive Behavioral Therapy, Behavioral Sleep Medicine, Graduate Statistics, Health Psychology, Introduction to Psychology, Personality

### **CERTIFICATIONS AND HONORS**

#### **Certifications**

2019	Licensed Clinical Psychologist, Arizona, #PSY-005137
2007	Certified Behavioral Sleep Medicine Specialist (CBSM)
2007	Licensed Clinical Psychologist, Texas, #33054
2007	Cognitive Therapy and Supervision, Beck Institute of Cognitive Therapy and Research
2006	Diplomate, American Board of Sleep Medicine (D,ABSM)
1998	Board Registered Polysomnographic Technologist (BRPT)

#### **Honors**

2014	Distinguished Visiting Professor, Air Force
2014	Research Merit Award, Society of Behavioral Sleep Medicine
2011	Competitive Funding Award (Faculty with most extramural funding in given year), UNT
2011	Distinguished Visiting Professor, Air Force
2008	Distinguished Visiting Professor, Air Force
2008	Keynote Speaker, University of North Texas 2008 Scholars Day
2007	Pittsburgh Mind-Body Center Summer Institute
2006	NIH Summer Institute: Design and Conduct of Randomized Clinical Trials
2005	Young Investigator Award, William C. Dement Research Apprenticeship
2003	Young Investigator Award, World Federation of Sleep Research Societies
1999	Research Merit Award, Associated Professional Sleep Societies