

# Become a Psychology Peer Mentor!

## Minimum Qualifications

- Psychology or Psychological Science major with Junior or Senior status during the 2025-2026 academic year
- Completed a minimum of 9 units in Psychology coursework (at least 6 units at the U of A)
- Minimum 2.5 cumulative and Psychology GPA
- Excellent communication and interpersonal skills
- Highly dependable and punctual
- Ability to commit to the Fall 25 semester to the program
- Able to participate in a **mandatory in-person** training session on **Friday, August 22, 2025** from 9AM-3 PM (lunch provided)

## Job Description/Responsibilities

- Assist the Psychology Academic Advisors in mentoring undergraduate Psychology majors
- Assist in development and delivery of class curriculum
  - Co-facilitate/teach 1-hour weekly classes (class times are dependent on schedule) on topics such as fields of Psychology, engagement opportunities, Handshake, resume writing, occupational themes, networking, and campus resources
- Provide accurate and reliable information regarding all of the above topics
- Meet with mentees 3 times outside of class during the semester, about 10 hours a week
- Attend weekly staff meetings Fridays, 10-11:15 in Psychology Building (Room TBD).
- Keep detailed and accurate notes in student files

## Benefits

Peer Mentors can:

- Earn 3 credits in Fall 2025 of Psychology practicum credit (PSY 494)
- Receive valuable training and experience working in a University setting
- Learn teaching methods, basic counseling skills (interviewing, reflective listening) as well as skills and competencies necessary to be an effective and knowledgeable peer mentor
- Become more involved with the Psychology Department
- Obtain valuable information to prepare for graduate school in Psychology or other areas of interest

## How to Apply

In your application, please include:

- Completed application form on page 2 (including personal statement)
- Résumé detailing relevant educational, employment, and volunteer experience
- One professional reference form completed (see page 2 and 4)

Applicants must also sign up for a 30-minute Zoom interview upon submission of application materials (Melanie will work with you to schedule via email). Interviews will be held April 21-24. As part of the interview, you will need to prepare and conduct a 3-5 minute presentation on how to establish the foundation for a successful mentoring relationship. Your presentation must include a PowerPoint presentation. If you have questions about this presentation, please contact Melanie Lipton at [melanielipton@arizona.edu](mailto:melanielipton@arizona.edu).

Return all of the above-listed information to Melanie Lipton via email [melanielipton@arizona.edu](mailto:melanielipton@arizona.edu).

**Deadline for application: 5:00pm, Monday, April 14, 2025**

**Application Form for Psychology Peer Mentor Position**  
**Psychology Department, The University of Arizona**

(Please Print or Type)

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

Phone Number: \_\_\_\_\_ UA email address: \_\_\_\_\_@arizona.edu

Cumulative GPA: \_\_\_\_\_ Psychology GPA: \_\_\_\_\_ Expected Graduation Date: \_\_\_\_\_  
Semester/year

Psychology Courses Completed (please mark UA in parenthesis if taken here):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Reference:** Please have a professional reference (faculty member, graduate student, or professional in the community) complete the attached reference form. *Please submit the form along with the application no later than April 14, 2025 at 5 p.m.*

Name and Title	Organization	Phone
1. _____	_____	_____

**Résumé:** Please attach a résumé detailing relevant educational, employment, and volunteer experience.

**Applicant's Personal Statement:**

Please answer the following questions in a brief essay.

- Why would you like to be a Peer Mentor?
- What characteristics, skills, and experiences do you possess that would make you an effective Peer Mentor?
- What do you expect to gain from being a Peer Mentor?

By submitting this application, you agree that you will be able to commit to two semesters if selected as a Peer Mentor for the Psychology Advising Office.

I certify that all information contained in this application is true to the best of my knowledge. I give the University of Arizona and its authorized agents permission to verify any information contained in this application and to contact all past and present supervisors and references to obtain additional information.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

## APPLICATION PROCESS/CHECKLIST

Please read the checklist below carefully to ensure that your application is complete.

**\*\* KEEP THIS CHECKLIST \*\***

\_\_\_\_\_ Submit completed application including essay, resume, and professional reference no later than 5:00 p.m., Monday, April 14, 2025.

\_\_\_\_\_ Letter of recommendation can be emailed separately to [melanielipton@arizona.edu](mailto:melanielipton@arizona.edu)  
We ask that a faculty member, employer, or community leader write a letter of recommendation.

\_\_\_\_\_ You will work with Melanie via email to schedule an interview time when you email her your application. Individual interviews take place April 21-24.

\_\_\_\_\_ As part of the interview, you will need to ***prepare and conduct a 3-5 minute presentation*** on how to establish the foundation for a successful mentoring relationship. Your presentation must ***include a PowerPoint presentation***. If you have questions about this presentation please contact Melanie Lipton at [melanielipton@arizona.edu](mailto:melanielipton@arizona.edu).

**Note:** On Friday, April 25, 2025 you will receive an email indicating whether or not you have been selected as a Peer Mentor. \*Alternates may be selected

### Application and Selection Timeline

Date	Event	Notes
April 14	Peer Mentor Applications Due	Please refer to the instructions for the various ways to turn in your application.
April 21-24	Interviews for Peer Mentor Positions	Interviews will last about 30 minutes. Applicants must prepare a 3-5 minute presentation. Please refer to checklist above for details.
April 25	New Peer Mentor Staff Selection	Announcement of Peer Mentors via email.
April 29	New Peer Mentors' deadline to accept position	Must sign and return appointment letters to Melanie via email <b>5 pm.</b>
August 22	<b>Mandatory</b> Fall Training	Mandatory training for all Peer Mentors from 9AM-3PM. (lunch included)

