



Insights into Healthy Aging: Promoting Healthy Minds, Brains & Lives

A fully-online undergraduate certificate program OPEN TO ALL MAJORS

About the Certificate

- **Career-centered.** Prepares students for a variety of careers related to the field of aging.
- ▶ **Individualized.** Students select courses to complement their career goals/objectives.
- **Comprehensive.** Focuses on healthy aging through a multidisciplinary and sociocultural lens.
- Research-based. Emphasizes research-based principles in the field of aging.



Career Readiness Skills

Students develop transferrable skills that are highly valued by employers which includes:

- Critical Thinking/Problem Solving
- Ethical and Social Responsibility
- Inclusivity
- ► Teamwork and Collaboration
- Leadership
- ► Global/Intercultural Fluency

Courses & Certificate Completion

Students will receive a certificate after the successful completion of only four courses!

Required Foundation Course:

 Fundamentals of Aging: A Multidisciplinary Perspective

Choose from courses including but not limited to:

- Adult Development & Healthy Aging
- Alzheimer's Disease and Related Dementias
- Relationships and Aging in a Sociocultural Context
- Caring for Aging Adults and Self-Care for Caregivers
- Ethical Issues in the Care of Older Adults



Ready to take the next step in preparing for your career?

Talk to a Psychology Advisor about completing the certificate today: psychology-advising@email.arizona.edu

MORE INFORMATION: PSYCHOLOGY.ARIZONA.EDU/CERTIFICATE