

HEALTH PSYCHOLOGY TRACK & MINOR AFFILIATED FACULTY

Emily Butler, Ph.D.

Associate Professor, Division of Family Studies & Human Development
Member, Cancer Prevention and Control Program, University of Arizona Cancer Center
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Expertise: Social Relationships and Health, Quantitative

I employ dynamic systems theory and methods to investigate phenomena at the interface of emotions, self-regulation, relationships and health. My current research includes studies of: 1) emotional and relationship factors involved in unhealthy eating, 2) breast cancer survival and the interplay of inflammation, emotion, and family, 3) computational approaches for modeling temporal interpersonal emotion systems, 4) cultural influences on emotions and close relationships, and 5) physiological correlates of emotion and emotion regulation.

Scott Carvajal, Ph.D.

Professor & Director, Health Behavior and Health Promotion Programs

Department of Health Promotion Sciences

Mel & Enid Zuckerman College of Public Health

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Expertise: Health Behavior Theory, Intervention Design, Health Disparities

I am the PI/Co-Director of the Arizona Prevention Research Center (AzPRC) and a multidiscipline trained social and quantitative psychologist. My federally funded work has focused on understanding the range of health behaviors that convey health risk or protection in youth and adults. My minority health research is grounded in social ecological and social determinants perspectives.

David O. Garcia, Ph.D.

Assistant Professor, Health Promotion Sciences

Mel and Enid Zuckerman College of Public Health

Adjunct Faculty Department of Nutritional Sciences, College of Agriculture and Life Sciences

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Expertise: Exercise Physiology, Health Behaviors, Weight Loss, Interventions

My current research focuses on the development of gender and culturally-sensitive weight loss interventions for Hispanic males. To support this effort, I recently established “Nosotros Comprometidos a Su Salud -Committed to Your Health”, a program developed to support research through community service and partnering with underserved Tucson residents.

Michael A. Grandner, PhD, MTR, CBSM

Assistant Professor, Psychiatry, Psychology, Medicine, and Nutritional Sciences

Director, Sleep and Health Research Program, Director, Behavioral Sleep Medicine Clinic

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Expertise: Sleep and Health

My research focuses on real-world implications of sleep and health. This includes ways that insufficient and poor quality sleep leads to cardiometabolic disease risk and neurocognitive dysfunction, ways that social, environmental, and behavioral factors influence sleep, and strategies for improving sleep. This includes translational research in sleep and disease risk, work on sleep and health disparities, and behavioral interventions for sleep disturbances.

Patricia Haynes, PhD

Associate Professor, Department of Health Promotion Sciences

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Expertise: Sleep Medicine, Interventions

My research program investigates how stressful life events affect sleep and daily routine to increase risk for depression, stress-related disorders, and obesity. My research explores sleep disturbances as a vulnerability factor for various negative health outcomes, often within the framework of the social rhythm model of mood disruption. Our group has applied these findings to the development, testing, and implementation of new forms of Social Rhythm Therapies (i.e., group Cognitive Behavioral Social Rhythm Therapy) and related behavioral sleep interventions. In addition to research, I am a licensed clinical psychologist and behavioral sleep medicine specialist with a commitment to service through partnerships with WellAmerica and the Tucson Fire Department.

Eyal Oren, Ph.D., MS

Assistant Professor, Department of Epidemiology & Biostatistics

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Expertise: Social Epidemiology, Asthma, Adolescents

I am an Assistant Professor with expertise in infectious disease and social epidemiology. My work explores the ties between the environment, social factors, and respiratory health. My research group focuses on community-engaged approaches to addressing population health disparities. Two primary active projects include studies examining the association between stress and asthma among middle-schoolers, as well as the use of health technologies to increase medication adherence for latent tuberculosis infection.

Thaddeus “Tad” Pace, Ph.D.

Assistant Professor, College of Nursing, Department of Psychiatry, Department of Psychology

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Expertise: endocrine and immune stress physiology, meditation research, pathophysiology of stress-related psychiatric illness

My lab explores mechanisms of stress-biological change in people treated for cancer who experience distress, fatigue and depression. Informed by this work, we also investigate the effectiveness of novel interventions for cancer survivors designed to optimize psychological, inflammatory, and endocrine functioning. These include Cognitively-Based Compassion Training and the natural anti-inflammatory compound, curcumin.

Gary Schwartz, Ph.D.

Professor of Psychology, Medicine, Neurology, Psychiatry, and Surgery

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Expertise: History and evolution of behavioral medicine, health psychology, and integrative medicine: testing the biopsychosocial model; psychophysiology; biofeedback; repression and health; synchronicity; post-materialist science.

My Laboratory for Advances in Consciousness and Health expands the biopsychosocial model to become physical-biopsychosocial-spiritual, including energy psychology at the micro level and spiritual psychology at the macro level. I have special interests in (1) basic and applied research on Heart-Assisted Therapy (HAT) employing cardiac triggered event related potentials, and (2) the use of state-of-the-art optical sciences and audio technology to detect the energy of consciousness.